



CITY OF NEWARK

SENIOR CITIZEN ADVISORY COMMITTEE

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Clark W. Redeker Newark Senior Center
7401 Enterprise Drive, Newark, CA
9:15 a.m.

Minutes

Thursday, April 6, 2017

A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called the meeting to order at 9:17 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Dolores Powell and Glen Wickizer.

Advisory Committee Members Faye Hall, Kathleen Lemos, and Gloria Wilson were noted absent.

Staff present: Edda Rivera, and Karen Moraida.

B. MINUTES APPROVAL

Minutes of the March 2, 2017 Senior Advisory Committee meeting were moved for approval by Committee Member R. Arellano, and seconded by Committee Member Powell with all in favor.

C. WELCOME/INTRODUCTION

Fremont Senior Citizen Commissioner Pat Helton was in attendance.

D. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Senior Recreation Supervisor Karen Moraida distributed the Human Services/Senior Center Report for March 2017.

Overall daily and program attendance for the month was 2,468 with no new Senior Case Management cases opened. An average of eight (8) daily meals were served at the Senior Center and Meals on Wheel delivered a daily average of 52 meals. Volunteers clocked 436 hours of service for the month.

Paratransit program figures for March 2017 were not available.

E. OLD BUSINESS

Nothing to report.

F. NEW BUSINESS

F.1 Fremont, Union City and Newark Joint Senior Commission/Committee Reports – Woody Ballard

Committee Member Ballard reported on his attendance at the Dementia Friendly Community meeting held at the Office of Joseph Pritchard, Director of Memory Care at the Masonic Homes.

Committee Member Ballard provided an update on the 7-part series: Brain Fitness Overview – Nutrition & Healthy Cooking presentation hosted at the Newark Senior Center on March 13, 2017. Additionally, he invited committee members to join him at the next presentation - "Cognitive: Maximize Your Spirit and Caring for the Caregiver" scheduled for April 20, 2107 a1:30pm at the Union City Senior Center.

F.2 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida reported that the Summer Activity Guide was distributed to Newark Residents the last week of March. Registration started Monday, April 3 for Newark Residents and Wednesday, April 5 for Non-Residents.

Senior Recreation Supervisor Karen Moraida informed the committee that May is "Older Americans Month" and to celebrate, the Newark Senior Center will be hosting the following free events: Monday, May 1 – Loyalty Day, Thursday, May 18 – Bingo Scavenger Hunt and Wednesday, May 31 Billiard Tournament. Everyone is welcome to attend.

Other upcoming events at the Newark Senior Center include:

- Sing-A-Long Entertainment by Elaine D'Sa & Lunch – Friday, April 21
- Mother's Day with the Golden Follies Spring Show & Lunch – Wed., May 10
- Our amazing guitar class featuring Woodstock West & Lunch – Friday, June 9
- Ukulele Extravaganza with our own Musicians & Lunch – Wednesday, May 26
- Napa River Cruise on Tuesday, June 13
- Music at the Grove: Big Bang Beat – June 23 at 6:30pm
- Newark Mariachi Festival – Sunday, July 16 at 2pm

F.3 Upcoming Meeting Schedule:

Next Meeting to be held on Thursday, May 4, 2017

G. COMMITTEE INPUT/REMARKS

Committee Member Rick Arellano briefly reported on his participation at the Brain Fitness Overview: Nutrition and Healthy Cooking Presentation on March 13 presented by the Alzheimer's Association.

Staff Member Karen Moraida invited everyone to attend Family Day at the Park on Saturday, April 8, 2017 at the Newark Community Center Park from 9:00 – 11:30am.

Staff Member Karen Moraida requested Committee Members to propose speakers for future Senior Advisory Committee meetings.

Chairperson Al Nagy invited committee members to attend his Written Historical Walking Tour of Newark scheduled for Saturday, July 15, 2017 beginning at 11am. Mayor Nagy will lead a walking tour through Old Town Newark as he points out historical and long gone sites in Newark.

Committee Member Dolores Powell inquired about progress of the Bicycle and Pedestrian Master Plan in Newark. Chairperson Al Nagy responded that a study will be completed soon for public review.

Chairperson Nagy suggested Committee Member Ballard post Alzheimer resource information within the City of Newark Newsletter "Newark News" Newsletter.

H.

PUBLIC INPUT

Fremont Senior Citizen Commissioner Pat Helton invited committee members to attend an upcoming Tri-City Meals on Wheels Celebration at the City of Fremont City Hall on April 7 at 10:00 a.m.

I.

ADJOURNMENT

Meeting adjourned at 10:02 a.m.

Respectfully submitted,



Edda Rivera
Administrative Assistant