

CITY OF NEWARK SENIOR CITIZEN ADVISORY COMMITTEE

7401 Enterprise Drive, Newark, CA 94560-3796 510-578-4840

E-mail: senior.center@newark.org

Minutes

Thursday, May 4, 2017

Clark W. Redeker Newark Senior Center 7401 Enterprise Drive, Newark, CA 9:15 a.m.

PLEDGE OF ALLEGIANCE/ROLL CALL Α.

Chairperson Al Nagy called the meeting to order at 9:15 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Eileen McDonald, Miranda Miller and Dolores Powell.

Advisory Committee Members Faye Hall, Kathleen Lemos, and Glen Wickizer were noted absent.

Staff present: Edda Rivera, Karen Moraida and David Zehnder.

MINUTES APPROVAL B.

Minutes of the April 6, 2017 Senior Advisory Committee meeting were approved as corrected: Senior Advisory Member Elwood Ballard stated the location of the Newark Walking Tour was not mentioned within the minutes report. The Newark Walking Tour is scheduled for Saturday, July 15, 2017 at 11:00 am at the corner of Ash St. and Thornton Ave. Minutes reflecting this change were moved by Committee Member Rick Arellano and seconded by Committee Member Elwood Ballard. The motion passed, 5 AYES, 2 ABSTENTIONS (McDonald and Miller).

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Fremont Senior Citizen Commissioners Pat Helton. Newark Resident Jack Dane, Newark Unified School District Board Member Ray Rodriguez, Newark League of Volunteers Executive Director Shirley Sisk, and guest speaker Patrick Sanchez, Newark Unified School District Superintendent.

D. GUEST SPEAKER – Patrick Sanchez, Newark Unified School District (NUSD) Superintendent.

Superintendent Sanchez provided a brief report detailing the Newark Unified School District Core Values:

- 1. Academic Excellence and Equity for All Students
- 2. Student Centered Learning
- 3. Diversity
- 4. Embracing Innovation
- 5. Shared Accountability
- 6. Teamwork and Partnerships
- 7. Transparency

Superintendent Sanchez stated the mission of the District is to inspire and educate all students to achieve their full potential and be responsible, respectful and productive citizens.

E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder distributed the Human Services/Senior Center Report for April, 2017.

Overall daily and program attendance for the month was 2,196 with no new Senior Case Management cases opened. An average of six (6) daily meals were served at the Senior Center and Meals on Wheel delivered a daily average of 48 meals. Volunteers clocked 397 hours of service for the month.

F. OLD BUSINESS

Nothing to report.

G. NEW BUSINESS

G.1 Fremont, Union City and Newark Joint Senior Commission/Committee Reports - Committee Member Woody Ballard

Committee Member Ballard provided an update on the 7-part series: Brain Fitness Overview — Cognitive. Dori Sproul with the Alzheimer's Association presented *Maximize Your Memory* which was hosted at the Union City Senior Center on April 20, 2017. Member Ballard invited committee members to attend the next presentation, Session 6 of the 7-Part Series: Brain Fitness Overview - "Social Interaction Using Creativity & Play (Singing)" scheduled for June 16, 2017 at 1:30pm at the Clark W. Redeker Newark Senior Center.

G.2 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida informed the committee that the new Recreation and Community Services Activity Guide has many excellent programs and activities for this summer.

Other upcoming events at the Clark W. Redeker Newark Senior Center include:

- Mother's Day featuring the Golden Follies—Wed., May 10
- · Woodstock West featuring our amazing guitar class Friday, June 9
- Ukulele Extravaganza with our own performers

 Wednesday, July 26

G.3 Upcoming Meeting Schedule:

Next Meeting to be held on Thursday, June 1, 2017

H. COMMITTEE INPUT/REMARKS

Committee Member Eileen McDonald invited members to attend a free program on Advanced Care Planning hosted by Alameda County Supervisor Wilma Chan and San Leandro Mayor Pauline Cutter. This event will be held at the San Leandro Senior Center on Friday, May 19 from 2:00 – 4:00pm.

Committee Member Dolores Powell inquired about the progress on the groundbreaking for the senior housing units within the Willow Street Development. Chairperson Al Nagy responded that a date has yet to be set by the developer and that an extension has been granted.

Committee Member Miranda Miller commented on reading about the Four Season of Health Expo hosted by the Fremont Senior Center in Central Park on May 12, 2017 from 11am -1:00pm. The event will provide various free health screenings, housing, employment, and transportation information. The stage will have live music and class demonstrations.

Senior Recreation Supervisor Karen Moraida responded that the Clark W. Redeker Newark Senior Center will host a booth manned by SAC Member Sandy Arellano and Senior Volunteer Eren McDunn.

I. PUBLIC INPUT

Fremont Senior Citizen Commissioner Pat Helton invited committee members to attend the 5th session of the 7-part series, Emotional: Lifting Your Spirit and Caring for the Caregiver to be held at the Fremont Senior Center on May 18 at 10:00 a.m.

J. ADJOURNMENT

Meeting adjourned at 10:40 a.m.

Respectfully submitted,

Edda Rivera

Ledda MI

Administrative Assistant