

CITY OF NEWARK SENIOR CITIZEN ADVISORY COMMITTEE

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Minutes

Thursday, July 6, 2017

Clark W. Redeker Newark Senior Center 7401 Enterprise Drive, Newark, CA 9:15 a.m.

PLEDGE OF ALLEGIANCE/ROLL CALL Α.

Chairperson Al Nagy called the meeting to order at 9:11 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Kathleen Lemos, Eileen McDonald, Miranda Miller, and Glen Wickizer.

Advisory Committee Members Fave Hall and Dolores Powell were noted absent. Staff present: Karen Moraida, Edda Rivera and David Zehnder.

B. **MINUTES APPROVAL**

Minutes of the June 1, 2017 Senior Advisory Committee meeting were moved for approval by Committee Member Eileen McDonald, and seconded by Committee Member Kathleen Lemos with all in favor.

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Fremont Senior Citizen Commissioner Pat Helton and Newark Resident Jack Dane.

D. **HUMAN SERVICES/SENIOR CENTER STAFF REPORT**

Recreation and Community Services Director David Zehnder distributed and reviewed with the committee a detailed report for the month of June, 2017.

Overall daily and program attendance for the month was 2,207 with no new Senior Case Management cases opened. An average of six (6) daily meals were served at the Senior Center and Meals on Wheel delivered a daily average of 51 meals. Volunteers clocked 462 hours of service for the month.

Paratransit program figures for June 2017 were not available.

E. **OLD BUSINESS**

Nothing to report.

F. **NEW BUSINESS**

Fremont, Union City and Newark Joint Senior Commission/Committee Reports F.1 Committee Member Woody Ballard

Committee Member Ballard reported on his attendance of the Tri-City Senior Advisory/Commissioner Business Meeting. He commented that in a joint effort the committee developed a draft copy of a Medical Alert Enrollment Form to collect information on a database to be used during an emergency for patients with Alzheimer.

Member Ballard invited committee members to attend the 7th session of Alzheimer Awareness the Series entitled: *Spiritual, and Mindfulness-Based Coping Skills* scheduled for July 20, 2017, 1:30pm at the Ruggieri Senior Center in Union City.

F.2 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida highlighted the summer entertainment events at the Senior Center:

- Ukulele Extravaganza with our own musicians & lunch, Wednesday, July 26, 12:00pm
- Senior Trips:
 - o Point Reyes Station & Earthquake Trail July 19
 - o Vision Quest Ranch August 9

Senior Recreation Supervisor Karen Moraida informed the committee members that the Fall Activities Guide for August - November 2017 will be available at the end of July.

Senior Recreation Supervisor Karen Moraida invited members to volunteer and participate at the Annual Health Faire for Seniors to be held on October 3, 9:00am – 12:00pm at the Silliman Activity and Family Aquatic Center.

F.3 Upcoming Meeting Schedule:

Summer recess - no meeting during the month of August. Next Meeting to be held on <u>Thursday</u>, <u>September 7, 2017</u>

G. COMMITTEE INPUT/REMARKS

Chairperson Al Nagy invited committee members to attend a Historical Walking Tour of Newark scheduled for Saturday, July 15, 2017 at the Watkins Hall on Thornton & Ash Street starting at 11:00 a.m. Mayor Nagy will lead a walking tour through Old Town Newark as he provides descriptions of historical points of interest.

Committee Member Ballard inquired about having a historical museum in Newark at the old fire station building. Chairperson Nagy responded that is not fiscally feasible to have a brick and mortar museum at this site, thus his efforts to work with the Washington Township Museum to provide Newark historical photos and artifacts.

Committee Member Rick Arellano briefly reported on his participation at the Brain Fitness Overview presentation which was held on June 16. The presentation was conducted by the Alzheimer's Association. Additionally, he thanked Chairperson Nagy for attending the workshop.

Committee Member Eileen McDonald complimented Mayor Nagy for his dedication and accessibility to the Newark community.

Staff Member David Zehnder invited everyone to attend the next Music at the Grove summer concert scheduled for Friday, July 7, 6:30 p.m. featuring the Funky Godfather.

On Friday, August 4, the City of Newark will celebrate the 30th anniversary of the very successful Music at the Grove summer concert series with a truly special evening of music and community fun! The concert will feature Journey cover band

Journey Unauthorized. Recreation staff will provide free hotdogs and children's activities along with a special presentation to the founding members of the concert series. Please join us for this great community event.

Additionally, staff member David Zehnder invited everyone to attend the 4^{th} Annual Newark Mariachi Festival to be held on Sunday, July 16 from 2:00-5:00pm. This is a FREE, family-friendly event and everyone is welcome to attend.

H. PUBLIC INPUT

Nothing to report

I. ADJOURNMENT

Meeting adjourned at 10:01 a.m.

Respectfully submitted,

Edda Rivera

Administrative Assistant