

## **CITY OF NEWARK** SENIOR CITIZEN ADVISORY COMMITTEE

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**Minutes** 

Thursday, April 7, 2016

Clark W. Redeker Newark Senior Center 7401 Enterprise Drive, Newark, CA 9:15 a.m.

## A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called meeting to order at 9:21 a.m. Present were Senior Advisory Committee Members Rick Arellano, Elwood Ballard, Faye Hall, Kathleen Lemos, Dolores Powell, Tamara Tucker, and Glen Wickizer.

Advisory Committee Members Sandy Arellano and Gloria Wilson were noted absent.

Staff present Karen Moraida and Edda Rivera.

Staff absent David Zehnder.

#### B. MINUTES APPROVAL

Minutes of the March 3, 2016 Senior Advisory Committee meeting were moved for approval by Senior Advisory Committee Member Dolores Powell and seconded by Senior Advisory Committee Member Kathleen Lemos with all in favor.

#### C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Fremont Senior Citizen Commissioners Pat Helton. JoAnne Rhoades-Jones, Newark Resident Jack Dane and guest speaker Frishta Sharifi.

#### D. GUEST SPEAKER FRISHTA SHARIFI, Family Caregiver Coordinator, City of Fremont Human Services Division

Ms. Sharifi provided an overview of the City of Fremont Caregiver Support Program and Services. This support program was started in 2001 to address the concerns that face those who care for an elderly friend or family member. Their stated purpose is to recognize and meet the needs of the caregivers which help families to better cope with the challenges of caring for aging loved ones. Services are available to residents of the Tri-Cities who are at least 60 years old, or are providing care for someone 60 years of age or older.

The Caregiver Support Program is part of the National Caregiver Support Program funded through Alameda County's Area Agency on Aging, as well as community donations. The program is also coordinated by a licensed professional counselor who works closely with other healthcare professionals to provide comprehensive care to caregivers.

#### E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Senior Recreation Supervisor Karen Moraida distributed and reviewed with the committee a detailed report for the month of March, 2016.

Overall daily and program attendance for the month was 2,709 with no new Senior Case Management cases opened. An average of ten (10) daily meals were served at the Senior Center and Meals on Wheel delivered an average of 50 daily meals. Volunteers clocked 416 hours of service for the month.

Paratransit program service figures from January - March 2016 were not available.

## F. OLD BUSINESS No Report

#### G. NEW BUSINESS

#### G.1 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida highlighted the summer entertainment events at the Senior Center:

- Hamilton County Bluegrass Band Wednesday, June 1, 12:00pm
- Country Western Duo "Double Trouble"! Friday, June 17, 12:00pm
- Sing Along with Elaine D'sa, Wednesday, July 13, 12:00pm
- Entertainment by Steve Edwards, Tuesday, July 26, 12:00pm

#### G.2 Upcoming Meeting Schedule:

Next meeting to be held on Thursday, May 5, 2016

#### H. COMMITTEE INPUT/REMARKS

Chairperson Al Nagy shared with committee members the approval from the City Council of the revenue bond for the financing of the 75 affordable housing units located within the Dumbarton Transit Oriented Development. He stated that construction will begin around August and would take approximately 12 months to complete. Furthermore, Chairperson Nagy mentioned that this will be a great opportunity for committee members to participate during the ground breaking ceremony.

Chairperson Nagy congratulated the Recreation and Community Services staff for another successful Family Day in the Park.

Senior Recreation Supervisor Karen Moraida announced that Newark Days Celebration will be held on September 16-18, 2016. The Senior Center will be hosting a table at the Community Information Faire on Sunday, September 18 from 12-4pm. She asked for volunteers to help staff the table during this event. Committee Members Tamara Tucker and Glen Wickizer volunteered to host the information table.

Vice-Chairperson Elwood Ballard expressed his personal concern regarding the lack of awareness for Alzheimer Disease.

Additionally, he invited committee members to attend one of the upcoming Fremont and Union City Senior Citizen Commissioner/Committee meetings.

# I. PUBLIC INPUT No Comments.

## J. ADJOURNMENT

Meeting adjourned at 10:20 am

Respectfully submitted,

Edda Rivera

**Administrative Assistant**