



CITY OF NEWARK

SENIOR CITIZEN ADVISORY COMMITTEE

7401 Enterprise Drive, Newark, CA 94560-3796 510-578-4840 E-mail: senior.center@newark.org

Clark W. Redeker Newark Senior Center
7401 Enterprise Drive, Newark, CA
9:15 a.m.

Minutes

Thursday, July 7, 2016

A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called meeting to order at 9:18 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Faye Hall, Kathleen Lemos, Dolores Powell, Glen Wickizer and Gloria Wilson.

Advisory Committee Member Tamara Tucker was noted absent.

Staff present Karen Moraida, Edda Rivera and David Zehnder.

B. MINUTES APPROVAL

Minutes of the June 2, 2016 Senior Advisory Committee meeting were approved with the following changes: Senior Advisory Committee Member Dolores Powell stated during the June 2 meeting that Senior Advisory Committee Member Tamara Tucker agreed to write a letter to California Senator Bob Wieckowski regarding committee members concerns related to their attendance during the Senior Rally Day held on May 11 in Sacramento. Minutes reflecting these changes were moved for approval by Senior Advisory Committee Member Elwood Ballard and seconded by Senior Advisory Committee Member Kathleen Lemos with all in favor.

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Fremont Senior Citizen Commissioners Pat Helton, Union City Senior Citizen Commissioner Mila Josue, Newark Residents Bill & Louise Morrison, guest speaker Johara Arduz with On Lok Lifeways PACE Program and Manpreet Bhella, On Lok Lifeways Enrollment and Outreach Specialist.

D. GUEST SPEAKER Johara Arduz, On Lok Lifeways PACE Program

Ms. Arduz provided an overview of On Lok Lifeways PACE Program. This program allows seniors who are ill or disabled to live in their own home, whether home is a family residence, apartment, retirement village, or private room.

On Lok Lifeways is a comprehensive health plan that provides long-term care for eligible seniors living in San Francisco, Fremont, Newark, Union City, or Santa Clara County (not including Gilroy, Morgan Hill, or San Martin). The program offers full medical care and support services with the goal of helping seniors live at home and in the community for as long as possible.

On Lok Lifeways is a certified Program of All-inclusive Care for the Elderly (PACE). The PACE model is centered on the belief that it is better for the

well-being of seniors with chronic care needs and their families to be served in their community whenever possible.

E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder provided committee members with a Fiscal Year 2015-2016 Senior Services Comparison Data Report. Overall attendance was 26,138. Attendance figures include all daily drop-ins, programs, and trip participation. The total number of Congregate Meals served was 2,416; Life Elder Care sponsored Meals on Wheels delivered 12,903 meals to Newark Seniors; Newark Paratransit provided 3,681 one way trips. Our dedicated volunteers recorded a total of 4,440 hours for FY 2015-2016. This report provides a visual comparison of important programs and activities during the current fiscal year.

F. OLD BUSINESS

No Report

G. NEW BUSINESS

G.1 Fremont, Union City and Newark Joint Senior Committee Report – Woody Ballard

Members Ballard and Powell reported on a recent meeting held with Union City and Fremont Senior Commissioners and Committee Members to discuss awareness on Alzheimer's Programs in the Tri-City Area. Subsequently, Member Ballard invited Committee Members to attend a Building a Dementia Friendly Community workshop hosted by the Alzheimer's Association at the Ruggieri Senior Center in Union City to be held on Friday, July 29 from 3:30 – 5:00pm.

G.2 Tri-City Meeting on Dementia – Committee Member Reports

Member Ballard presented Committee Members with a letter written in collaboration with the Senior Citizen Commissioners/Committee Members from Newark, Fremont and Union City. The letter provided background information about local efforts to create Age-Friendly Institutions and Communities following the World Health Organization's model. Member Ballard explained that he would like to have this initiative placed on a future City Council agenda.

Union City Senior Citizen Committee Member Mila Jouse and Fremont Commissioner Pat Helton briefly shared more information on goals and collaboration efforts amongst Tri-City Alzheimer's programs.

Committee Member Powell also spoke on the World Health Organization (WHO), a featured model for the age friendly communities. She encouraged everyone to check the WHO website to learn more about the signs of dementia.

Before agreeing to agendize this program for a future Newark City Council meeting, Chairperson Nagy requested staff to review the program, gather more details and report back to the Senior Advisory Committee during the next meeting in September.

G.3 Four Seasons of Health – Committee Member Reports

Committee Members Elwood Ballard, Dolores Powell and Sandy Arellano reported on participation of the Four Season of Health Expo which was held on Friday, June 3, 2016 at the City of Fremont Senior Center.

G.4 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida highlighted the summer entertainment events at the Senior Center:

- Lunch & Sing Along with Elaine D'Sa, Wednesday, July 13, 12:00pm
- Senior Trip: "Footloose" – Saratoga Civic Center, July 24, 1:30pm
- Lunch & Entertainment by Steve Edwards, Tuesday, July 26, 12:00pm
- Fall Activity Guide

Senior Recreation Supervisor Karen Moraida invited members to attend the Jerry Raber Ash Street Park Summer Recreation BBQ on Thursday, July 21 at 4:45pm.

Senior Recreation Supervisor Karen Moraida informed the committee that the Fall Activities Guide will be available at the end of July.

Senior Recreation Supervisor Karen Moraida invited members to volunteer and participate at the Annual Health Faire for Seniors to be held on October 4, 9:00am – 12:00pm at the Silliman Activity and Family Aquatic Center.

G.5 Upcoming Meeting Schedule:

Summer recess - no meeting during the month of August.

Next meeting to be held on September 1, 2016

H. COMMITTEE INPUT/REMARKS

Staff Member David Zehnder invited everyone to attend the next Music at the Grove summer concert scheduled for Friday, July 8, 6:30 p.m. featuring the Refugees (Tom Petty tribute band)

I. PUBLIC INPUT

No Comments.

J. ADJOURNMENT

Meeting adjourned at 10:47 am

Respectfully submitted,



Edda Rivera
Administrative Assistant