



# CITY OF NEWARK

## SENIOR CITIZEN ADVISORY COMMITTEE

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Clark W. Redeker Newark Senior Center  
7401 Enterprise Dr., Newark, CA  
9:15 a.m.

### Minutes

Thursday, September 6, 2018

#### A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called the meeting to order at 9:17 a.m. Present were Senior Advisory Committee Members: Sandi Arellano, Elwood Ballard, Stanley Keiser, Kathleen Lemos, Eileen McDonald, Miranda Miller, Dolores Powell and Glen Wickizer.

Advisory Committee Member Rick Arellano was noted absent.

Staff members Cheryl Galvez and David Zehnder were noted absent.

Staff present: Karen Moraida.

#### B. MINUTES APPROVAL

Minutes of the July 5<sup>th</sup> Senior Advisory Committee Meeting were moved for approval by Committee Member Eileen McDonald, and seconded by Committee Member Kathy Lemos with all in favor.

#### C. WELCOME/INTRODUCTION

No introductions.

#### D. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Senior Recreation Supervisor Karen Moraida distributed and summarized the comparison charts through August 2018, noting that Paratransit/Taxi Voucher has no data for the months of July and August. Committee Member Ballard inquired if Meals on Wheels delivery included Newark residents. Chairperson Al Nagy indicated yes.

#### E. OLD BUSINESS

None

#### F. NEW BUSINESS

- F.1 Fremont, Union City and Newark Joint Senior Advisory Meeting Scheduled for Tuesday, October 16 in Union City- Committee Agenda Ideas/Issues/Concerns**  
Committee Member Miller shared that a friend had been on a trip and indicated that the bus didn't have any seatbelts or pocket to store personal items and wondered if this issue could be raised at the meeting? Senior Recreation Supervisor Moraida indicated that she would provide committee members with directions to the meeting at the next Senior Citizen Advisory Committee meeting in October.

**F.2 Fremont, Union City and Newark Joint Senior Commission/Committee Reports  
– Committee Member Woody Ballard**

Committee Member Ballard requested that Fremont Senior Citizens Commission Member Pat Helton provide update. Pat indicated that there is an increase in the senior population with more people needing to care for family members with Alzheimer's. Their group continues to answer the challenge by offering workshops to address many of these issues. The next two Brain Health Events are scheduled for September 19; Brain Training and October 20; Memory Fair. Events are open to the public. Committee Member Ballard extended an invitation to all members that if they would like to join him at the Masonic Home in Union City to let him know. Meetings are held monthly at 4:30 p.m. Dr. Pritchard is very helpful and provides guidance.

**F.3 Upcoming Programs/Trips/Special Events**

Senior Recreation Supervisor Karen Moraida shared that the current senior trips still have opening minus the Sales Force Tower Tour and that registration can be made at the front office. Senior Recreation Supervisor Moraida also provided an update on the Free Pancakes with Newark Police event that took place on August 28 indicating that the 25 seniors who attended thoroughly enjoyed the event, as well as, the feedback from the Police personnel was very positive. A free lunch with Law Enforcement is scheduled for Friday, October 26. Fiesta Friday on September 28 still has openings and is \$5. On September 13, 45 seniors are making their way to the Oakland Zoo for the Healthy Living Festival for \$3 which includes transportation and entrance to the zoo. Senior Recreation Supervisor Karen Moraida passed out a flyer regarding the Age-Friendly efforts that are being made to celebrate National Senior Center Month. Three seminars are being hosted locally and committee members were advised to pre-register if they are interested in attending. Finally, Senior Recreation Supervisor Moraida indicated that the City of Newark Senior Health and Resource Faire will be held on Tuesday, October 2, 9:00 a.m.-12:00 p.m. at the Silliman Activity Center Gymnasium. Committee Member Dolores Powell requested that the Senior Resource Directory be updated.

**F.4 Upcoming Meeting Schedule:  
October 4, 2018**

**G. COMMITTEE INPUT/REMARKS**

Chairperson Al Nagy shared that Newark Days will be held Friday, September 21 through Sunday, September 23. Chairperson Nagy also shared that Senior Night Out will be held on Friday, October 5. Committee Member Eileen McDonald reminded members the importance of having house numbers visible and well-lit in order for emergency vehicles to see home in case of an emergency. Chairperson Nagy shared that the City of Newark now requires when a permit is issued that all home addresses include lighted numbers. Committee Member Eileen McDonald gave a shout out to Mayor Nagy for always being out and about at several community events. "Mayor Nagy does a wonderful job at representing the City of Newark." Committee Member Powell shared how wonderful it was that the City of Newark has additional Senior Housing for folks 55 years of age and over. Committee Member Powell indicated the ease of completing the application for the new housing development. She said, "Newark is moving up! Now all Newark needs is a downtown." Chairperson Nagy shared that only 5-6 homes were built in a period of

11-12 years when communities around Newark were building 100's of houses a year and therefore, Newark's growth is benefitting all citizens. Chairperson Al Nagy stated this new generation is changing from the previous 50 years and our development and loss of business is indicative of this change. He stated that for every home built there is money going to a fund to assist low income families. Committee Member McDonald shared that Perry Farms property has been sold and more development of homes is expected. Chairperson Al Nagy indicated that in the 1970's that Newark swapped 72 acres in return for 5 square miles from the City of Fremont. Committee Member Miranda Miller mentioned how busy local traffic is, as well as, stated that with so many families owning pets that it was a shame there are no pet stores in Newark. Chairperson Al Nagy indicated he believed there was a small pet store in town. Committee Member Miller also mentioned the eucalyptus grove near Safeway and the potential fire hazard. Chairperson Al Nagy stated that our free enterprise system allows businesses to come and go as they see fit. Committee Member Stanley Keiser shared that Anny's has closed. Chairperson Nagy stated that both Wake up America and S & J Coffee are excellent restaurants. Committee Member McDonald gave a shout out to Newark Police for addressing the transient population within the city, as well as, responding to crime in an efficient manner. Committee Member Powell questioned what could be done with the homeless population in the city; specifically homeless seniors? Chairperson Al Nagy indicated that The City of Newark is partnering with The City of Fremont to purchase a facility that allows the homeless population a place to clean up. The program is estimated to cost \$125,000. Committee Member Keiser shared that ACWD will be hosting an event on October 13, "Imagine a Day Without Water." Chairperson Al Nagy stated that the "Raley Center" will be changed to "Sprouts Center."

**H. PUBLIC INPUT**

None to report.

**I. ADJOURNMENT**

Meeting adjourned at 10:09 a.m.

Respectfully submitted,



**Karen Moraida**  
**Senior Recreation Supervisor**