

November 9, 2020



When Should You Start Holiday Shopping Amid the Coronavirus Pandemic?

With imminent retail disruptions and shipping delays, here's what you need to know in order to get it done in time—and safely—this year.

By Brigitt Earley , October 28, 2020

Due to the pandemic, there's no doubt the holiday season will look a little bit different this year. Like everything else we've experienced in 2020, everything from shopping to family celebrations will inevitably have to morph to fit the demands of social distancing. As a result, experts say the holiday shopping season will start earlier than ever. More than 40 percent of shoppers say they plan to begin shopping for gifts in October or earlier, says Sara Skirboll, shopping and trends expert at RetailMeNot. And 51 percent of retailers encourage shoppers to complete their holiday purchases as early as possible. But don't expect those big pre-season door-buster sales—at least in person, she says. "Because of the pandemic, there are a handful of stores that are choosing to close their doors on Thanksgiving Day," she explains, "including Walmart, Dick's Sporting Goods, and Best Buy."

That's not to say Black Friday sales won't happen, though. "We predict Black Friday and Cyber Monday to be more virtual this year," says Skirboll. To make sure you don't miss any great deals, follow your favorite retailers and brands on social media, sign up for email newsletters, and set up Google Alerts to ensure you're getting updates on sales in real time. RetailMeNot is also hosting a special savings event—their annual Cash Back Day, in which shoppers can get 20 percent cash back from over 300 different retailers, including brands like ALDO, Bass Pro Shops, Elemis, Expedia, GameStop, Keds, Macy's, Melissa & Doug, and more.

Of course, you can still brave the stores, too. The experience will just look—you guessed it—a little bit different. For those shopping at brick-and-mortar locales, expect delays and lines outside of stores, since locations can oftentimes only allow a certain amount of people in the stores at one time, says Skirboll.

Some other hiccups you can expect this year? Because of COVID-19 and the move towards online shopping, both FedEx and UPS have announced higher rates this holiday shopping season. It's also possible that there will be some shipping delays as the volume of sales picks up. "My recommendation is to start your holiday shopping as early as possible to ensure timely deliveries, as well as to make sure you're getting all of the gifts on your list," says Skirboll.

If possible, save the bigger ticket items for Black Friday and Cyber Monday, but try to find as many deals as you can before then to ensure you can cross everything off your list by early December. And, if the retailer offers it, opt to have the gift wrapped and shipped directly to the recipient instead of have it shipped to you and then visit the post office later. Another option? If you're on a tight deadline, use services that allow you to buy online then pick up in store or curbside.

<https://www.marthastewart.com/8007255/when-start-holiday-shopping-during-coronavirus-covid-19>

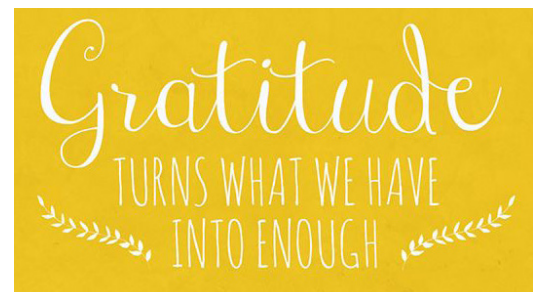
In this issue:

Informative Articles

Fall Senior Recreation Information

Free Online Games & Classes

At Home...Recipes, Activities & Exercise





**YOU ARE INVITED!
TO THE 32nd ANNUAL COMMUNITY
THANKSGIVING DAY DINNER**

**FREE MEALS WILL BE GIVEN OUT FROM 12:30 - 4 PM
AT THE NEWARK PAVILION PARKING LOT
6430 THORNTON AVE. IN NEWARK (CROSS STREET - CHERRY)
Car entries are on Cherry St. and don't come earlier than 12 noon**

OPEN TO ALL THOSE WHO WOULD SPEND THE DAY ALONE, OR WHO DO NOT HAVE THE RESOURCES. BECAUSE OF COVID-19 YOU MUST COME TO PICK UP IN A CAR AND WAIT TO BE WAITED ON IN THE CAR. IF YOU DO NOT HAVE A CAR, THERE WILL BE AN AREA WHERE YOU CAN WAIT WITH YOUR BICYCLE FOR THE FOOD. YOU CANNOT EAT IN THE PARKING LOT.

EVERYONE IN CAR OR OUTSIDE MUST WEAR A MASK

**YOU WILL BE GIVEN A TRADITIONAL THANKSGIVING MEAL
WITH ALL THE TRIMMINGS**

EVERYONE IS WELCOME - NO QUESTIONS ASKED

This is a joint project between -

LOV, Salvation Army Tri City Corps, Centerville Free Dining Room, Hayward Police Department, FESCO Family Shelter, Fremont Healthy Start, St. Edward Church, Spectrum, Kidango, Fremont Family Resource Center, Compassion Network, Tiburcio Vasquez Health Center, Newark Senior Center, Tri City Volunteers, Second Chance, Family Paths, Abode Services, Abode Services Bridgeway, Abode Services Main Street Village

**FOR MORE INFORMATION, CALL
LEAGUE OF VOLUNTEERS-LOV AT 793-5683**



Tomato Basil Soup

<https://tasty.co/recipe/tomato-basil-soup>



Preparation

1. Combine oil, onion, celery, and garlic over medium heat in a large pot. Sauté for 3 minutes until onions are translucent.
2. Add salt, pepper, tomato paste, basil, crushed tomatoes, broth, baking soda, and thyme. Bring to a boil.
3. Lower heat and cover, simmering for 15 minutes.
4. Uncover and remove thyme.
5. Use an immersion or countertop blender to blend the soup until smooth.
6. Allow to cool 2 minutes and serve topped with basil.
7. Enjoy!

Ingredients

for 8 servings

1 tablespoon oil
1 onion, chopped
1 stalk celery, chopped
3 cloves garlic, minced
1 teaspoon salt
¼ teaspoon pepper
2 tablespoons tomato paste
¼ cup fresh basil
28 oz crushed tomato, 2 cans
6 cups vegetable broth
½ teaspoon baking soda
2 sprigs fresh thyme

TASTY™

Recipes
by Merle O'Neal

Nutrition Info

Calories 53
Fat 2g
Carbs 8g
Fiber 2g
Sugar 4g
Protein 1g

Potato Leek Soup

<https://tasty.co/recipe/potato-leek-soup>



Preparation

1. Melt butter on medium heat in a large pot. Add the chopped leeks and stir until coated with butter.
2. Cover the pot and lower heat, cook for around 10 minutes until the leeks have softened.
3. Increase to medium-high. Add garlic, potatoes, salt, and pepper. Cook for 1 minute, then add vegetable broth, water, thyme, and bay leaf. Bring to a boil.
4. Lower heat and cover pot with a lid and simmer for 15 minutes, or until potatoes are tender and easily speared by a fork.
5. Uncover and remove thyme and bay leaf.
6. Use an immersion or countertop blender to blend the soup until smooth.
7. Stir in chives and hot sauce (optional).
8. Allow to cool 2 minutes and serve.
9. Enjoy!

Ingredients

for 8 servings

2 tablespoons butter
3 large leeks, chopped
3 cloves garlic, minced
2 lb potato, cubed
salt, to taste
pepper, to taste
6 cups vegetable broth
2 cups water
2 sprigs fresh thyme
1 bay leaf
¼ cup fresh chives, chopped
hot sauce, to taste

Nutrition Info

Calories 163
Fat 4g
Carbs 30g
Fiber 3g
Sugar 3g
Protein 3g

HOW TO ENCOURAGE YOUR LOVED ONES TO ENGAGE IN SOCIAL DISTANCING

To Combat COVID-19

SHARE WHAT YOU'RE DOING

Let your friends and family know that you are social distancing. The first step is to communicate your desire to maintain physical distance during the pandemic.

REMIND THEM WHY IT MATTERS

Remind them that social distancing can make a difference in minimizing the spread of COVID-19. Limiting physical contact can reduce the number of infections and protect individuals at higher risk.

MAKE IT PERSONAL

Appeal to their desire to protect those they love. While some may not feel that they could be affected, try reminding them that there are people that they love who do face serious risk.



APPEAL TO THEIR NEED TO BELONG

Your friends and family may be more likely to observe social distancing in their own lives if it feels like everyone they know is doing the same.

BE SUPPORTIVE

Show your support to your loved ones during this time. Call, text, ask them how they're doing and if there is anything they need.

KEY TAKEAWAYS

- We all need to continue practicing social distancing in order to help in lowering our county's COVID-19 case rate.
- Despite the fact that social distancing is essential to stopping the spread of COVID-19, not everyone is following the social distancing orders put in place to keep them safe. Please help by motivating your friends and family to practice social distancing.

Fall Bucket List

- bake an apple pie
- jump in a pile of leaves
- drink hot apple cider
- go on a hike
- snuggle up by a fire
- go on a drive to look at the leaves
- make caramel apples
- eat pumpkin or apple cider donuts
- make homemade soup
- craft with leaves
- make pinecone birdfeeders



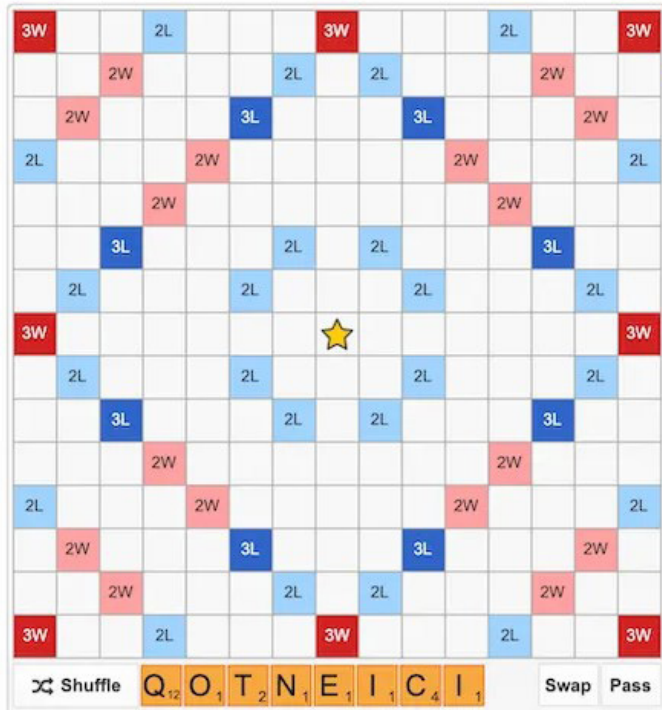
WWW.THISTINYBLUEHOUSE.COM

Play Scrabble Online with Friends

at <https://www.lexulous.com>

Game 8065884, UK

👤 vs. 👤 Played 0 You Won 0 (0%) You Lost 0 (0%) Draws 0 (0%) [Rematch](#)



Game Options ⚙️

jenkins1234 0
rachel_au 0

73 tiles left to be drawn.

Chat Dictionary Moves

Type reply here... [Send](#)

On Lexulous, you can play Scrabble online in different modes: practice against the computer, get paired with a random player online, or start a game with your friends.

You will need to sign up for a free account, either using an email address or logging in with Facebook.

Choose between playing a "live" game in real-time or enjoying the turn-based email version for asynchronous play.

While Lexulous uses a standard Scrabble board, each player has eight letters in their rack instead of the usual seven. You also have the option to play SUPER Lexulous on a bigger 21 x 21 board, just like Super Scrabble.

Free Online Classes for Senior Citizens

by Helen Jarden, September 11, 2020

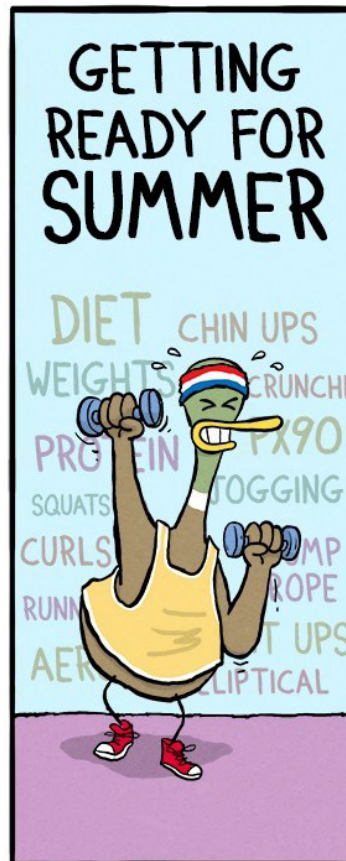
My parents are both recent retirees with a lot of new free time on their hands. One thing that they are always on the lookout for are easy ways to learn new things. Turns out there are quite a few options out there when it comes to free online classes for senior citizens and I thought I could share them with you all.

In this guide, we'll be looking at places I found that provide free online classes for seniors. Some even offer free college courses!

Many of these sites come with lectures, free courses, and even suggested homework for you to complete.

Please visit the link below to view all available classes.

<https://moneypantry.com/free-online-classes-for-seniors/>



Facebook.com/FowlLanguageComics

FowlLanguageComics.com

©Brian Gordon

Crossword Puzzle

Answers on page 8.

Across

1. "The Consul" composer ___ Carlo Menotti
5. Instead of
9. Place to stick things
14. Nabisco product
15. "The Bridge" poet Crane
16. Tough material
17. Sticker price?
19. Imperfect?
20. "Double Fantasy" Grammy cowinner
21. Not even damp
22. Joshua tree habitat
23. 32-Down's need
25. Vane dir.
27. Part of a crew
28. Collectible Camaro
29. Winning compact?
33. Phony opening?
34. "Are you ___ not?"
35. Omni, for one
36. Rugged cliff
38. "Never send ___ ..."
40. All wet
43. Alfonso d'___, Lucrezia Borgia's spouse
45. Baseball's Mel et al.
49. Hot import?
51. Average
52. TNT alternative
53. Airport abbr.
54. Lightweight velvet
55. List checkers?
58. Table parts
61. Jamaican genre
62. Reversed
63. Off-road stunt?
65. Battery terminal
66. Feel
67. See 63-Down
68. Strolling spots
69. Wall St. news items
70. Former spore

1	2	3	4		5	6	7	8		9	10	11	12	13				
14					15					16								
17					18					19								
20					21					22								
23					24					25	26			27				
28										29	30			31	32			
33										34				35				
					36	37				38	39							
40	41	42								43	44				45	46	47	48
49										50					51			
52															53			
55										54								
55					56	57				58	59	60					61	
62															62			
65										63					64			
65										65					66			
68										67					68			
68										69					70			

Down

1. "Full speed ahead!"
2. Hematite
3. It's under pressure
4. Approval of sorts
5. Kon-Tiki rafter Heyerdahl
6. Espionage name
7. Like Radio City Music Hall
8. Highest
9. Advil target
10. So
11. Break
12. Seething
13. Experimental standard
18. Half-hearted
22. Gloria in Excelsis ___
24. Antarctic sight
26. Scottish valley
29. Through
30. Slurp, say
31. Air density symbol
32. Musician who founded the Silk Road Project
37. "Citizen Kane" studio
39. Event in the 2002 film "Spellbound"
40. With no deviation
41. Title girl in an 1848 hit
42. Without end
44. Increase proportionally
46. Capable of being drawn out
47. Gas transport
48. Insert subtly
50. It's a matter of law
54. Salem hrs.
56. Drift
57. Punch cousins
59. Architect Saarinen
60. Scholastic nos.
63. With 67-Across, game played on a three-walled court
64. UK defense gp.

Classic Toys Word Search

Find and circle all of the toys that are hidden in the grid.
The remaining letters spell a quote by G. K. Chesterton.

P E L P O E P E L T T I L W S I Z Z L E R S
O Y Y O H A T O N K A T R U C K T W A R R S
P T W E T O C N B G D S R P O O Z A K A A E
G T R B K S F H A E K W A E R U L L A D C B
U U K U G O I B A I A D I E Z R O E U I X E
N P C C U M P P P T D C T F A Z T G H O O E
E Y I A M O R P R L T S H E F C Z O H F B B
T L T M B I I P E E A Y B B R L T I S L H S
C L S O Y N K B O M T Y C U A W E R W Y C I
H I O S G E A H W T D A B A H L E B K E T R
A S G R N L L E P D A I W E T I L L A R A F
S L O D L H I I E A K T E Y D H B L L L M O
K P P O D V I T B S R L O L O A Y A E T L S
E Y E K N O M K C O S G O H L Y S B I I T H
T C A P G U N U M A M S O L E K O R D N H W
C E I B R A B T A E N Y O R C A S E O K O E
H G I J O E N Y T I C O A A I L D P S E D E
N E R F B A L L T H N C J L I P I U C R Y B
E A S Y B A K E O V E N A N P N S S O T A L
G L L O D Y S T A L F I K N N I T W P O L E
A G Y R O S C O P E S Y A W O O N D E Y P S
E T I R B E T I L E F I N G E R P A I N T R

BALLOON
 BARBIE
 BEACH BALL
 BOP BAG
 CAP GUN
 CHATTY CATHY
 EASY BAKE OVEN
 ETCH A SKETCH
 FINGER PAINT
 FLATSY DOLL
 FRISBEE
 G.I. JOE
 GUMBY

GYROSCOPE
 HOT WHEELS
 JACKS
 KALEIDOSCOPE
 KAZOO
 KEN
 LEGO
 LITE BRITE
 LITTLE PEOPLE
 MATCHBOX CAR
 MECCANO
 MR POTATO HEAD
 NERF BALL

PADDLE BALL
 PLAY-DOH
 PLAYMOBIL
 POGO STICK
 POKEY
 POP GUN
 RADIO FLYER
 RUBIK'S CUBE
 SILLY PUTTY
 SIZZLERS
 SKIPPING ROPE
 SLINKY
 SOCK MONKEY

SOMA CUBE
 SPIROGRAPH
 SUPER BALL
 TEDDY BEAR
 TINKERTOY
 TIN SOLDIERS
 TONKA TRUCK
 VIEWMASTER
 WATER PISTOL
 WEEBLES
 WIFFLE BALL
 WIZZER
 YO-YO

G	I	A	N		T	H	A	N		A	T	T	I	C
O	R	E	O		H	A	R	T		C	H	I	N	O
F	O	R	D	W	O	R	T	H		H	U	M	A	N
O	N	O		A	R	I	D		D	E	S	E	R	T
R	O	S	I	N			E	S	E			O	A	R
I	R	O	C		V	I	C	T	O	R	Y	U	G	O
T	E	L	E		I	N	O	R		H	O	T	E	L
				C	R	A	G		A	B	O	Y		
A	S	O	A	K		E	S	T	E		O	T	T	S
S	U	N	P	O	R	S	C	H	E		M	E	A	N
U	S	A			E	T	A			P	A	N	N	E
S	A	N	T	A	S		L	E	G	S		S	K	A
U	N	D	I	D		J	E	E	P	T	R	I	C	K
A	N	O	D	E		A	U	R	A		A	L	A	I
L	A	N	E	S		I	P	O	S		F	E	R	N



Exercise



FREE MORNING STRETCH W/
JESSICA EVERY WED. @ 10AM
Click [HERE](#) to register!



15 MINUTE SENIOR WORKOUT
[https://www.youtube.com/
watch?v=TG8wyDnWELM&t=807s](https://www.youtube.com/watch?v=TG8wyDnWELM&t=807s)



Drive Thru/Tailgate Friendsgiving Lunch

Monday, 11/23, Arrive between 12:00pm - 1:00pm
\$5/Senior

SPACE IS LIMITED. PRE-REGISTRATION REQUIRED.

Location: Silliman Activity Center Parking Lot

All participants must wear a mask at check-in. Grab and go or... eat your lunch (Thanksgiving Turkey Sandwich) in the car and bring a chair and join the parking lot tailgate. If you don't have a chair, we will have some on-hand. For your safety, you must sit at a safe social distance in the parking lot as designated by staff.

Email your favorite Thanksgiving Recipe to cheryl.galvez@newark.org by 11/2 to be included in a recipe exchange.



November 14 - November 29

\$20 Registration Fee

Complete your 5k run anywhere on your own during the dates above!

All participants receive a turkey trot medal and printable certificate!

Email a picture of you completing your 5k to bryan.cobb@newark.org to be entered into the photo contest!

Senior Pen Pals

Are you interested in becoming a senior penpal for our teen volunteer program?

Exchange letters with our teen volunteers from September-December! Help them earn volunteer hours for school!

Interested?

Contact Recreation Coordinator Katie Dennis
Katie.dennis@newark.org or 510-578-4409

ONLINE... at newarkca.activityreg.com or scan the QR Code

MAIL... registration form and payment to "City of Newark":

Silliman Activity & Family Aquatic Center

6800 Mowry Avenue

Newark, CA 94560



PHONE IN REGISTRATIONS ARE NOT ACCEPTED.

Newark Recreation and Community Services Registration Form

Adult/Main Contact Name: _____ Birth Date: ____ / ____ / ____

Day Phone: _____ Cell Phone: _____

Email Address: _____

Address: _____ City: _____ Zip: _____

Emergency Contact Name: _____ Phone: _____

Participant: Name	Birth Date	Gender	Class Name, Date and Time	Fee
_____	____ / ____ / ____	M F	_____	\$ _____
_____	____ / ____ / ____	M F	_____	\$ _____
_____	____ / ____ / ____	M F	_____	\$ _____
_____	____ / ____ / ____	M F	_____	\$ _____

Voluntary donation to the Recreation Scholarship Program: \$ _____

Total: \$ _____

Release of Liability: I understand that my (or my minor child's/ward's) participation in any City activity is voluntary. Further, I understand that participation can be a hazardous activity. By signature below, I agree that neither I, my successors, assigns, nor anyone acting on my behalf will hold the City of Newark, its officers, agents, employees, or volunteers liable for any injury, accident, or illness arising out of my (my minor child's/ward's) voluntary participation in the above named program/activity. I hereby release the City of Newark, its officers, agents, employees, or volunteers from and against any and all claims, cost liabilities, expenses, or judgments, including attorney's fees and court costs arising from my (my minor child's/ward's) participation in the program/activity or any illness/injury resulting therefrom, and hereby agree to indemnify and hold harmless the City of Newark, its officers, agents, employees, or volunteers from and against any and all such claims, whether caused by negligence or otherwise.

I further understand that the City of Newark is not and will not be responsible for Workers Compensation benefits as a result of any injury or illness due to my (my minor child's/ward's) voluntary participation in this activity.

The City of Newark reserves the right to photograph facilities, activities, and program participants for potential use in advertising brochures, department social media, and the City's web page. All photos will remain the property of the City of Newark.

Signature of Participant (or Parent/Guardian, if under 18)

Payment: _____ Check or Money Order made payable to the "City of Newark"

_____ Charge VISA/Mastercard... Card #: _____ - _____ - _____ Expiration: ____ / ____
month/year