

February 2023



In this issue:

- Electronic Waste Recycling Drop-Off 2/11
- BINGO with the Badges 2/16
- VITA Free Tax Preparation Services
- Travel Training Workshop 2/27 & 2/28
- At Home Activities, Puzzles, & More!



Helen Nielsen began volunteering with the Clark W. Redeker Newark Senior Center in 2015 at the Mercy Brown Bag food distribution program. This program provides free groceries twice a month to senior citizens with food insecurities. Several years later she became the Site Lead who oversees the volunteers, program participants, and ensures the distribution runs smoothly. Helen was nominated for the 2021 Viola Blythe Senior Volunteer of the Year award. The Senior Center staff truly appreciates her hard work, leadership, and dedication to the Mercy Brown Bag program and the local senior community.

CLOSED on President's Day 2/20
Open Monday - Friday
9:00am - 3:00pm
7401 Enterprise Dr.
510-578-4840
senior.center@newark.org



Meet Ivy Nguyen, Activity Coordinator

Ivy joined the Recreation and Community Services Department in September 2022 as an Intern focusing on Health and Human Services projects. Ivy is a student at San Jose State University pursuing her degree in Public Health. She completed her internship in December 2022 and did such an excellent job, we asked her to stay on as an Activity Coordinator. She is located in the Senior Center front office working on special projects and assisting in day-to-day operations. If you haven't already introduced yourself to Ivy, please do. Welcome to the team Ivy!

All members must complete the Annual Membership Form & sign the Code of Conduct.

Please see the forms on the last two pages of the newsletter. Hard copies are available at the Senior Center front desk.

SUBMIT TO THE OFFICE BY MONDAY, FEBRUARY 6, 2023



Newark Senior Center Daily Activities

Open Monday - Friday
9:00am-3:00pm
510-578-4840
senior.center@newark.org

Monday

10:00am.....

Guitar Jam

2nd & 4th Mon. of month

10:00am.....

Bunco

1st, 3rd & 5th Mon. of month

12:30pm.....

Crafting w/ Anabelle

2nd Mon. of month

1:00pm.....

Knit, Crochet & Cross Stitch Group

Daily.....

Billiards
Computers
Fitness Equipment
Lending Library
Pinochle [afternoons]
Rummy [afternoons]

Please check with staff for current masking requirements.



Tuesday

9:00am.....

Bridge

10:00am.....

Beginning Hula

11:00am.....

Intermediate Hula

12:00pm.....

Advanced Hula

Daily.....

Billiards, etc. (see Monday)



Fill out a form in-person to receive your FREE Newark Senior Center Membership Card!

Wednesday

9:00am.....

Hand & Foot Canasta

9:30am.....

Nine Ball Billiard Tournament

Last Wednesday of month

10:00am.....

Quilt, etc. Group

1:00pm.....

Ukulele Jam

Daily.....

Billiards, etc. (see Monday)

 **NEWARK Recreation**
and Community Services

Newark Senior Center

We ♥ Our Seniors

Thursday

9:00am.....

Mercy Brown Bag Food Distribution

2nd & 4th Thurs. of month at Newark Community Center

9:30am.....

Card Making Class

1st Thurs. of month

10:30am.....

Self Defense Class

1st Thurs. of month

\$5/class

10:30am.....

Chair Fitness Class

3rd Thurs. of month

\$5/class

12:30pm.....

BINGO

Arrive at 12:00pm to purchase your pack:
1st Thurs. of Month Special Birthday BINGO...\$10/pack
All other BINGO...\$7/pack

Daily.....

Billiards, etc. (see Monday)

Friday

9:00am.....

Mahjong

Pre-registration required

9:00am.....

Texas Hold-em Poker

9:30am.....

iPhone/iPad/Kindle Assistance

12:30pm.....

Drop-in Mahjong

Daily.....

Billiards, etc. (see Monday)

All listed activities (except BINGO) are free for Seniors 55+

All activities held at the Newark Senior Center, 7401 Enterprise Dr., unless noted otherwise.

Senior Chair Fitness

 **NEWARK**
Recreation
and Community Services



\$5 per class

3rd Thursday of the month
10:30-11:30 AM

Engage your whole body in this zero impact chair fitness class. Your health is important, but maintaining minimal stress on your joints while exercising is vital. The class will focus on full body movement, stretching, and the option of introducing light strength training.

Pre-registration is required. Register in-person or online at www.newarkca.activityreg.com





ELECTRONIC WASTE RECYCLING DROP-OFF

Recycle your E-waste with us for free in a drive-through event
in partnership with the City of Newark

SATURDAY, FEBRUARY 11

9:00 AM - 1:00 PM

37440 Filbert Street, Newark CA 94560



Questions? Call 408-459-6404 or email ewaste@sjcccs.org



We Accept

- Laptops
- Computer towers
- Computer monitors
- Copiers & printers
- Flat screens
- DVD players
- Stereos
- Microwaves
- A/C with no Freon
- Speakers
- Projectors
- Medical/lab equipment
- Televisions
- Faxes
- Calculators
- Cell phones
- And more!

We Do NOT Accept

- Batteries
- Light bulbs
- Refrigerators
- Ovens
- Stoves
- Washers/Dryers
- Large household appliances
- Tires from generator companies
- Bicycle tires



(408) 283-7171



ZEROWASTESV.ORG



@ZeroWasteSiliconValley



@sjcczwsv



BINGO

WITH THE

BADGES



THURSDAY, FEBRUARY 16 [AT] 11:30 AM

Come early for BINGO to get together with the Newark Police Department, enjoy light refreshments, and play some BINGO!



This is a Regular BINGO day.
First come, first serve.
10-Game packs will be sold for \$7.



VITA FREE TAX SERVICES

HAVE YOUR RETURN COMPLETED BY IRS-CERTIFIED TAX PREPARERS

For eligible customers with annual income of up to \$75,000,
or eligible seniors 65+ with annual income up to \$90,000.



Book your
appointment at:
calendly.com/ffrc1
or call (510) 250-2606



Scan the QR code
for further details
on our website

IN PERSON DROP OFF SERVICE

Fremont Family Resource Center

39155 Liberty Street
Fremont, CA 94538
Building EFGH

Fridays 11:00am-2:00pm
BY APPOINTMENT

VIRTUAL SERVICE

Submit your ID's
and documents
online at:
[getyourrefund.org
/fremont](https://getyourrefund.org/fremont)

IN PERSON TAX PREPARATION SERVICE

Fremont Family Resource Center

39155 Liberty Street
Fremont, CA 94538
Building EFGH

Wed & Thurs 1:00pm-6:00pm
BY APPOINTMENT

Union City Family Center

725 Whipple Road
Union City, CA 94587

Sat 10:00am-2:00pm
BY APPOINTMENT

Newark Senior Center

7401 Enterprise Drive
Newark CA 94560

Mon 12:00pm-2:00pm
BY APPOINTMENT

<http://city.fremont.gov/taxhelp> | TELEPHONE: (510) 250-2606

Providing high-quality free tax preparation since 2002. See back for additional details.

PLEASE PROVIDE COPIES OF THE FOLLOWING:

- **Social Security card(s) or Individual Taxpayer Identification Number (ITIN) card(s) or letter(s)** for everyone you will list on your return.
 - Please note: An ITIN is expired if it hasn't been used on a tax return for the last three tax years.
- **Photo identification:** A CLEAR selfie of you holding your VALID AND LEGIBLE photo ID. This requirement applies to both the main tax filer and spouse.
- **Savings and checking account and routing numbers,** or a voided check for direct deposit.
- **Income statements, documents, or forms**
 - Wages from each job (W-2)
 - Interest (1099-INT)
 - Dividends (1099-DIV)
 - Retirement Plans (1099-R)
 - Gambling Winnings (W-2G)
 - Unemployment (1099-G)
 - Social Security Benefits (SSA-1099)
 - Miscellaneous Income (1099-MISC, 1099-NEC, 1099-K)
 - Sale of Stock (1099-B)
 - Tuition (1098-T) and online detailed student account statement of expenses paid to university/college
 - Health Insurance Information (1095-A, B, or C)
 - If you purchased health coverage through Covered CA, you must also provide Form FTB 3895
 - Economic Stimulus Letter (Notice 1444-C)
 - Child Tax Credit Payment Letter from IRS (Letter 6419)
- **Provide, if applicable:**
 - 2022 Identity Theft PIN Letter from IRS
 - Records of charitable contributions
 - Homeowner mortgage interest (1098)
 - Property tax bill
 - DMV registration form
 - Interest you paid on student loans (1098-E)
 - Childcare or dependent care expenses. Bring total amount paid, provider's business name, address, phone number and SSN or tax ID #
 - If self-employed, provide business income and expenses, to include mileage log. For Rideshare Drivers: 1099-NEC, 1099-K and on-line tax summary page
 - If you plan to itemize, provide a summary sheet (description and total amount of your expenses)

THE FOLLOWING SITUATIONS ARE OUT OF SCOPE:

- Married Filing Separately
- If you received a Form W-2 and a Form 1099 from the same business/employer
- Foreclosure/Short Sale
- Kiddie Tax - (Large scholarship amount may be out-of-scope, call to request consultation)
- IRA to Roth Conversions
- Sale of stocks acquired by stock options
- Over 16 stock transactions
- Cryptocurrency without 1099-B form
- Loan Modification
- Out of State Income
- Rental Income
- Self-employment & sole proprietor business with expenses over \$35,000, depreciation, losses, or office in the home
- 1040NR (non-resident alien), except for Foreign Student with Visa F, J, M or Q.
- Expired ITIN holders (should call 211 for VITA sites with Certified Acceptance Agents)

**Other situations may be out-of-scope
Please call us to request a consultation**

FRC VITA Sweepstakes

File with us and save at least \$50 of your refund in a savings account for a chance to win \$100! Terms and conditions may apply.

Fremont VITA offers secure online tax filing with Code for America via the secure Get Your Refund platform. We also partner with the following organizations below:



Learn how to use **BUSES & BART!**

FREE Workshops for seniors & persons with disabilities!



**Get \$15 cash value on
your Clipper Card!**

Learn about public transit features that make riding easier for seniors and people with disabilities! Through classroom instruction and a field outing on bus and BART, you will learn how to plan trips, read transit schedules, pay fares, transfer between buses and BART, and travel on transit safely.

**Learn how to use
a Clipper Card!**

Upcoming Travel Training Workshop

NEWARK SENIOR CENTER

7401 Enterprise Dr
Newark, CA, 94560

Monday & Tuesday

February 27th & 28th 2023

From 9 am to 12 pm

Please Note: The first day is classroom instruction and the second day is a field outing on the bus and BART.

****REGISTRATION REQUIRED****

**To register or for more info, call: (510) 574-2053 or
email: rideontricity@fremont.gov**



**Go where you want,
when you want!**



RIDE-ON TRI-CITY!

RIDE-ON TRI-CITY! is funded by the Alameda County Transportation Commission through Measure BB sales tax revenues. For more information on Measure BB, visit: www.alamedactc.org

Services to Newark residents are provided through a partnership between the City of Newark and the City of Fremont's Human Services Department.

Eligibility Requirements for RIDE-ON TRI-CITY! transportation services:

- Newark residents who are 70 years of age or older; OR,
- Newark residents who are unable to use public transportation independently due to a disability or disabling health condition.

RIDE-ON TRI-CITY! registrants can use the following:

Ride-Hailing Service:

Subsidized rides through Lyft for participants with a smartphone or participants who do not have a smartphone can get subsidized Lyft or Uber rides through GoGo Grandparent's Call Center. Participants pay for the first \$4 of their trip and up to \$16 of additional trip costs will be subsidized.

Taxi Service:

Subsidized curb-to-curb taxi rides in the Tri-City area using a taxi voucher. Taxi vouchers cost \$4 each and subsidize up to \$16 of taxi meter fare.

Wheelchair-Accessible Van Service:

Participants requiring special door-to-door assistance can get subsidized wheelchair-accessible van rides in Tri-City area. Participants pay \$4 per one-way trip, using a pre-paid voucher.



Get Your Transportation Questions Answered

A Transportation Resources Specialist from RIDE-ON TRI-CITY! can work with you in-person or over the phone to answer any questions you have about transportation and how to get around the community. Transportation Resources Specialists work with you to assess your individual transportation needs and get you linked with the most appropriate services. They can help you complete applications for transportation services and help make arrangements for rides to medical appointments and other needs. They can help with any of the following needs:

- Learning how to ride public transit buses or BART
- Obtaining and learning how to use a Clipper card
- Finding and applying for affordable transportation alternatives if you no longer drive and cannot take public transit
- Learning how to use ride-hailing services, like Lyft.
- Renewing your driver's license, obtaining a DMV Disabled Parking placard or figuring out how to maintain driving safety as you age

A Transportation Resources Specialist is available at the Senior Center on the first Thursday of each month by appointment only to assist with your specific transportation needs. For more information or to schedule an appointment, call RIDE-ON TRI-CITY! at (510) 574-2053.



Learn How To Ride Buses and BART!

Join this two-day FREE travel training workshop and get a FREE Clipper card with \$15 in cash value. Through classroom instruction and an outing on bus and BART, participants learn how to plan trips, pay fares using Clipper Cards, transfer between bus and BART, and other useful tips for using transit safely.

Age	Days	Dates	Time
55+	Mon & Tues	2/27 & 2/28	9:15am-1:00pm



For more information on Ride-On Tri-City! visit <https://city.fremont.gov/rideontricity>

Or call the Ride-On Tri-City! Helpline at 510-574-2053

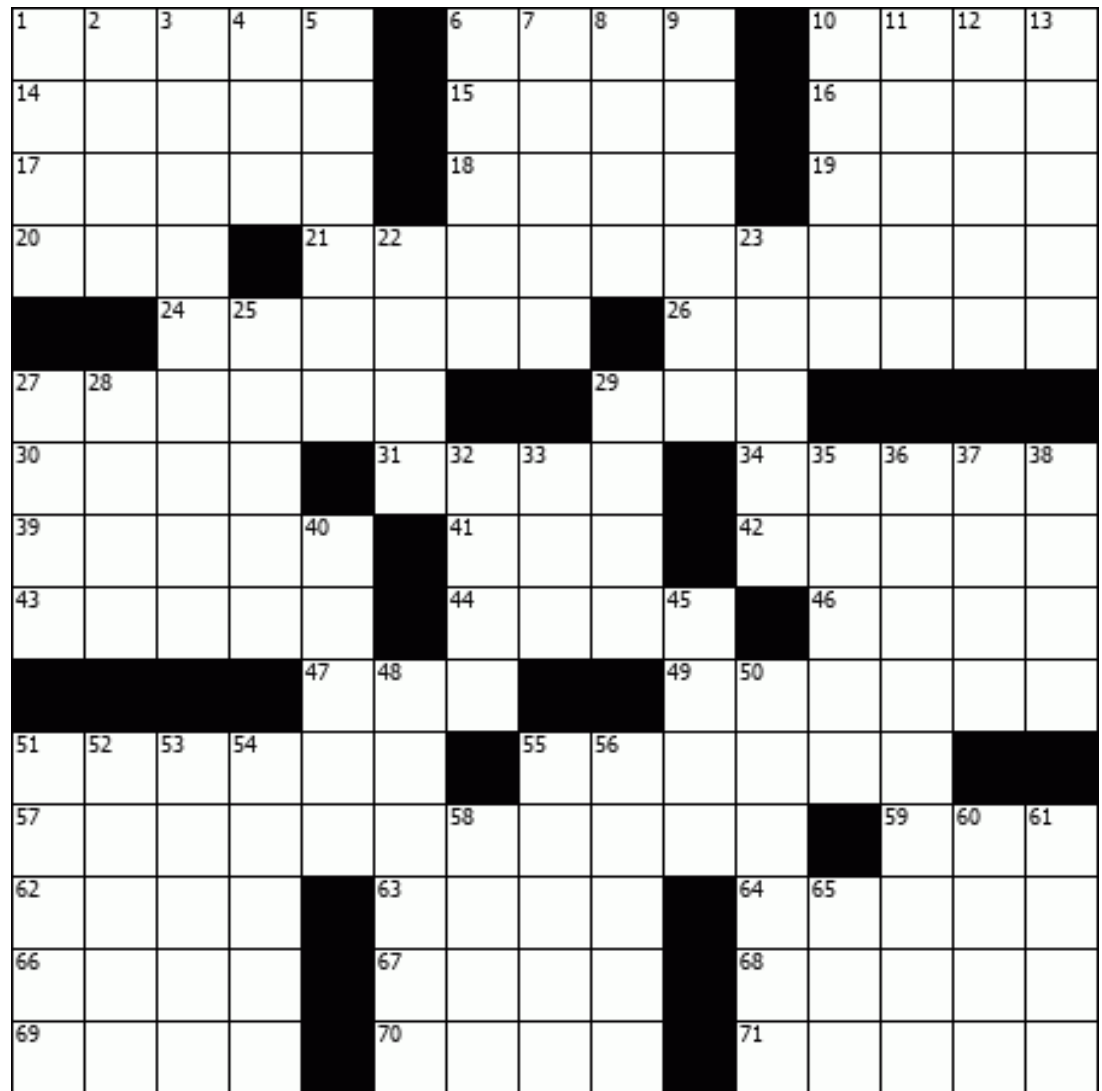
Or email us at rideontricity@fremont.gov

Crossword Puzzle

Answers on page 13.

Across

1. Clark's partner
6. Dillinger foe
10. Presidential heavyweight
14. Boxing locale
15. Declaim wildly
16. Stagnating
17. Microscope sample
18. "Pretty maids all in ____"
19. Timely benefit
20. Like Baker's sack
21. Put an early end to
24. Elevator inventor Otis
26. Shoot-em-ups
27. Kind of saw or tire
29. Carpenter, for one
30. Love deity
31. Grayish yellow
34. Flammable liquid
39. Make a statue
41. Van Gogh had one later in life
42. It's full of holes
43. Uses a knapsack
44. Sweetheart
46. Paradisiacal place
47. Orangutan
49. Displaced person
51. Historic Harlem theater
55. Mother of Sir Galahad
57. Celeste Holm musical
59. It comes between Hannah and Sisters
62. Smoky mist
63. Semester
64. Two-terminal semiconductor
66. It takes two to make eleven
67. Brainstorming session result
68. NBA Hall-of-Famer Baylor
69. McCarthy's prey
70. Futons kin
71. Bowler's button



Down

1. Bonnie one
2. Bombeck of wit
3. Uprooted
4. "MS. Found ____ Bottle" (Poe)
5. Lake Huron port
6. Economics textbook feature
7. "West Side Story" song
8. Shakespeare's river
9. Noted mathematician
10. Brahmaputra River locale
11. Taos dwelling
12. Ground grain
13. Works the garden
22. Wight, e.g.
23. Finds intolerable
25. Sturdy stocking stuff
27. Word with bed or head
28. Sacramento's arena
29. Daughter of Ming the Merciless
32. Give it up
33. "Diff'rent Strokes" actress Charlotte
35. Link
36. Some insectivores
37. At all times
38. Russo of "Buddy"
40. Davidic verse
45. Delivery locale, often
48. Kind of justice
50. Weather forecast
51. More than dislike
52. Carpenter's tool
53. Seeped slowly
54. Rich soil deposit
55. Everglades resident
56. Succotash beans
58. Give a face-lift
60. Entertaining Adams
61. Musical based on "La Bohème"
65. ____ de France

Exercise

20 MIN. ALL IN ONE WORKOUT

https://youtu.be/X0I1t2_w8i8

AFTER WALK STRETCHES

<https://youtu.be/vdJ4tyivdpl>

12 MIN. ZUMBA GOLD

https://youtu.be/Hzc_44yaego



<https://youtu.be/UBDJY2UC Pio>

The New 60



Sudoku Puzzle #69

8			2		3	5	7
1					8	9	
	6		7		9	1	
5			1	8			9
2		6					
			5	6			
			4		7	8	
			5	1		3	
	5		8		7	6	4

Sudoku Puzzle #70

1	5	4			7	6	9
			9				
	2	3		6	1	7	4
					6		
			7	5			3
3	4				9		6
	1	7			5		
				4			
	9	6	2				5

Solutions on page 13.

Hawaii Word Search

Find and circle all of the words that are hidden in the grid.
The remaining 48 letters spell a secret message.

M	T	H	S	E	E	W	A	L	O	O	H	A	K	R	E	S	A	U	T
U	R	R	E	E	O	N	M	A	M	N	G	T	L	Y	T	S	L	K	R
H	T	A	P	H	O	O	A	A	L	N	I	P	O	U	R	U	A	E	O
A	T	P	W	A	L	N	N	I	I	O	E	E	N	U	E	R	N	L	P
O	O	N	I	O	C	T	A	L	I	A	H	A	S	S	R	F	A	E	I
E	T	G	K	N	A	I	E	C	R	A	I	A	E	C	A	I	I	L	C
N	R	A	A	R	E	K	F	L	L	M	W	Y	L	U	G	N	S	E	A
A	I	U	A	L	R	A	H	I	A	O	A	A	A	B	N	G	D	T	L
C	K	Y	L	O	E	A	P	D	C	B	V	L	H	A	I	K	E	I	S
R	S	N	N	U	R	P	A	P	A	O	I	T	W	D	K	O	E	S	T
A	S	S	I	B	L	C	I	E	L	K	C	T	K	I	A	N	E	L	R
G	S	E	O	I	A	O	M	H	I	E	V	E	C	V	Y	A	F	A	O
U	A	R	R	M	H	I	N	K	C	A	S	S	A	I	A	C	F	N	S
S	R	I	N	S	A	A	I	O	C	R	T	H	B	N	K	O	O	D	E
E	G	H	T	W	A	A	U	A	H	W	A	A	P	G	I	A	C	S	R
W	H	A	L	E	W	A	T	C	H	I	N	G	M	I	A	S	U	N	A
L	T	S	A	O	C	I	L	A	P	A	N	L	U	A	U	T	P	A	H
E	A	C	A	N	O	E	I	N	G	B	S	E	H	C	A	E	B	E	I
H	U	L	A	N	T	N	O	R	T	H	S	H	O	R	E	I	U	A	M

ALOHA
ARCHIPELAGO
BEACHES
CANOEING
COFFEE
GRASS SKIRT
HAWAIIAN
HONOLULU
HULA
HUMPBACK WHALES
ISLANDS

KAHO'OLAWA
KAUA'I
KAYAKING
KONA COAST
LANA'I
LUAU
MACADAMIA NUTS
MANTA RAYS
MAUI
MOLOKA'I
NAPALI COAST

NI'HAU
NORTH SHORE
O'AHU
PACIFIC OCEAN
PEARL HARBOR
PINEAPPLES
RESORTS
SAND
SCUBA DIVING
SNORKELING
STATE

SUGARCANE
SURFING
TOURISTS
TROPICAL
UKELELE
VACATION
VOLCANOES
WAIKIKI
WAIMEA BAY
WARM
WHALE WATCHING

L	E	W	I	S		G	M	A	N		T	A	F	T
A	R	E	N	A		R	A	V	E		I	D	L	E
S	M	E	A	R		A	R	O	W		B	O	O	N
S	A	D		N	I	P	I	N	T	H	E	B	U	D
		E	L	I	S	H	A		O	A	T	E	R	S
R	A	D	I	A	L			A	N	T				
E	R	O	S		E	C	R	U		E	T	H	E	R
S	C	U	L	P		E	A	R		S	I	E	V	E
T	O	T	E	S		D	E	A	R		E	D	E	N
				A	P	E			E	M	I	G	R	E
A	P	O	L	L	O		E	L	A	I	N	E		
B	L	O	O	M	E	R	G	I	R	L		H	E	R
H	A	Z	E		T	E	R	M		D	I	O	D	E
O	N	E	S		I	D	E	A		E	L	G	I	N
R	E	D	S		C	O	T	S		R	E	S	E	T

Sudoku Solution #69

8	9	4	1	2	6	3	5	7
1	2	7	3	4	5	8	9	6
3	6	5	7	8	9	1	2	4
5	7	3	2	1	8	4	6	9
2	8	6	9	7	4	5	1	3
4	1	9	5	6	3	2	7	8
6	3	1	4	9	2	7	8	5
7	4	8	6	5	1	9	3	2
9	5	2	8	3	7	6	4	1

Sudoku Solution #70

1	5	4	3	8	7	6	9	2
7	6	8	9	2	4	3	1	5
9	2	3	5	6	1	7	8	4
5	7	1	4	3	6	8	2	9
6	8	9	7	5	2	4	3	1
3	4	2	8	1	9	5	6	7
8	1	7	6	9	5	2	4	3
2	3	5	1	4	8	9	7	6
4	9	6	2	7	3	1	5	8

INFORMATION & REFERRALS

Dial 211 for free information and referral to Human Services for daily needs and in times of crisis.

General

Senior Info Line

(510) 574-2041

Community Ambassador Program for Seniors

(510) 574-2063

Area Agency on Aging Information & Referral

(510) 577-3530

Alameda County Social Services Agency

www.alamedacountysocialservices.org

Dementia-Specific Support

Alzheimer's Services of the East Bay

(510) 656-1329 www.aseb.org

Alzheimer's Association

(800) 272-3900

Bay Area Community Services (510) 613-0330

www.bayareacs.org/adult-day-programs

Stanford/VA Alzheimer's Center

(650) 858-3915 www.med.stanford.edu/svalz

Employment & Learning

SparkPoint Fremont (510) 574-2020

Fremont Library Programs (510) 745-1400

Newark Library Programs (510) 795-2627

Senior Employment Program (510) 238-3535

Nutrition

Life ElderCare Meals on Wheels (510) 574-2092

Mercy Brown Bag Grocery Program

(510) 578-4840

Tri-City Volunteers Inc. Food Bank

(510) 793-4583

Health & Wellness

Medicare and Insurance Counseling (HICAP)

(510) 839-0393

Health Insurance Counseling

with Krista Caracappa, Washington Hospital

(510) 494-7005

LIFE ElderCare Meals & Fall Prevention

(510) 574-2090 www.lifeeldercare.org

Community Health Center Network

<https://chcnetwork.org/>

Housing

City of Fremont Office of Housing Assistance

(510) 494-4500

HIP Shared Housing Program

(510) 574-2173

City of Fremont Landlord/Tenant Support

(510) 574-2270

Habitat for Humanity: Home Repair

<https://www.habitatebsv.org/services/home-repair>

Project Sentinel: Rent Assistance

(510) 574-2270 <http://www.housing.org/>

Community Resources for Independent Living (CRIL)

(510) 881-5743 <https://www.crilhayward.org/>

Social Engagement

Life ElderCare Friendly Visitors

(510) 894-0370 www.lifeeldercare.org

CityServe Compassion Network

(510) 796-7378 www.compassionnetwork.org

Name (please print): _____ Date of Birth: ____/____/____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Address: _____ City: _____ Zip: _____

Emergency Contact

Name: _____ Phone: _____ Relation: _____

What daily activities do you participate in? Check all that apply:

- | | | |
|--|--|---|
| <input type="checkbox"/> Billiards <i>daily</i> | <input type="checkbox"/> Crafting <i>2nd Mon of month</i> | <input type="checkbox"/> Mahjong <i>Friday morning</i> |
| <input type="checkbox"/> BINGO <i>Thu</i> | <input type="checkbox"/> Guitar Jam <i>2nd/4th Mon</i> | <input type="checkbox"/> Poker - Texas Hold-em <i>Fri</i> |
| <input type="checkbox"/> Bridge <i>Tue</i> | <input type="checkbox"/> HULA <i>Beginning Tue</i> | <input type="checkbox"/> Quilt, etc. Group <i>Wed</i> |
| <input type="checkbox"/> BUNCO <i>1st/3rd/5th Mon</i> | <input type="checkbox"/> HULA <i>Intermediate Tue</i> | <input type="checkbox"/> Rummy <i>most afternoons</i> |
| <input type="checkbox"/> Canasta <i>Wed</i> | <input type="checkbox"/> Hula <i>Advanced Tue</i> | <input type="checkbox"/> Ukulele Jam <i>Wed</i> |
| <input type="checkbox"/> Card Making <i>1st Thu of month</i> | <input type="checkbox"/> Knit/Crochet/Cross Stitch <i>Mon</i> | |

Release of Liability: I understand that my (or my minor child's/ward's) participation in any City activity is voluntary. Further, I understand that participation can be a hazardous activity. I agree that neither I, my successors, assigns, nor anyone acting on my behalf will hold the City of Newark, its officers, agents, employees, or volunteers liable for any injury, accident, or illness arising out of my (my minor child's/ward's) voluntary participation.

The novel coronavirus ("COVID-19") has been declared a worldwide pandemic by the World Health Organization. The City of Newark has declared a local emergency and the State of California has declared a state of emergency due to the COVID-19 pandemic.

COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact and in airborne particles. I fully understand that my [participation/attendance] [in the event/at the City of Newark facility] exposes me to the risk of being exposed to or infected by COVID-19. I hereby acknowledge the contagious nature of COVID-19, that exposure or infection to COVID-19 may result in personal injury, illness, permanent disability, or death, and that I am voluntarily [participating in this activity/attending this facility] and agree to assume such risks.

I hereby release the City of Newark, its officers, agents, employees, or volunteers from and against any and all claims, cost liabilities, expenses, or judgments, including attorney's fees and court costs arising from my (my minor child's/ward's) participation in the program/activity or any illness/injury resulting there from, and hereby agree to any and all such claims, whether caused by negligence or otherwise.

I further understand that the City of Newark is not responsible for Workers Compensation benefits as a result of any injury or illness due to my (my minor child's/ward's) voluntary participation in this activity.

The City of Newark reserves the right to photograph and film facilities, activities, and program participants for potential use in our marketing efforts, which may include, but is not limited to, brochures, flyers, social media and the City's website. All marketing materials will remain the property of the City of Newark.

Signature: _____

Date: _____

Please see reverse side for the Clark W. Redeker Newark Senior Center Code of Conduct.

Clark W. Redeker Newark Senior Center Code of Conduct

In order to maintain a positive, peaceful and welcoming environment at the Clark W. Redeker Newark Senior Center, we require all guests and visitors to observe the following:

- **Demonstrate common courtesy to fellow guests, community members, and staff.**
- **Maintain an environment where conflict and differences can be addressed in a respectful manner.**
- **Treat facility property and equipment with respect.**
- **Abide by posted rules and follow staff direction at all times.**

THE FOLLOWING IS PROHIBITED:

- Acts of discrimination based on any of the following protected characteristics: race, color, religion (includes religious dress and grooming practices), sex, gender (includes pregnancy, childbirth, breastfeeding, and/or related medical conditions), gender identity, gender expression, sexual orientation, marital status, medical condition (genetic characteristics, cancer, a record or history of cancer), military or veteran status, national origin (includes language use and possession of a driver's license issued to persons unable to provide their presence in the United States is authorized under federal law), ancestry, disability (mental and physical, including HIV/AIDS, cancer, and genetic characteristics), genetic information, age (over 40).
- Verbal, physical, or visual harassment based on any of the above mentioned protected characteristics.
- Any inappropriate or unsafe behavior that creates a disturbance or interferes with guests, community member's or staff's ability to do their job.
- Any conduct that endangers life, safety, health, and wellbeing of others.
- Possession of firearms, weapons, dangerous materials, and hazardous materials.
- Smoking (including the use of electronic smoking devices) inside the building.
- Sexual misconduct such as indecent exposure, touching, or harassing guests, community members, and staff; sexual acts of any type.
- Promotion of or engaging in any illegal activities.
- Disruptive outbursts such as the use of loud, abusive, profane or threatening language. Threatening or harassing behavior toward or around others. Making threatening gestures, which include staring at an individual, unwanted touching, or any behavior that could constitute assault.
- Unauthorized borrowing and/or tampering with another person's property/belongings.
- Damaging City of Newark property.
- Animals are not allowed in the Senior Center, **with the exception of service animals**, as defined by the Americans with Disabilities Act. The owner must be in physical proximity and have full control of service animals at all times.
- Persons exhibiting illness, poor personal hygiene, and/or related conditions that may compromise the health or comfort of others may be asked to leave the Senior Center until the condition is remedied.
- Loitering, laundering, or preparing food in public restrooms. Shaving, showering, or bathing in restrooms is also prohibited.
- Improper attire. Shoes, shirts, and bottoms must be worn at all times.

CONSEQUENCES:

Consequences are subject to staff discretion.

- **Verbal warning.** Notification of violation and reference to the Rules of Conduct.
- **Immediate eviction from the Senior Center.** Removal from the building for the remaining hours of operation for the day of eviction.
- **Suspension of Senior Center privileges.** Suspension of Senior Center privileges may include, but is not limited to denial of access to the Senior Center and its services for one or more days. The effective date and length of suspension shall be determined by the facility supervisor.
- **Permanent suspension.** In extreme cases or repeated suspensions with no positive change in behavior, a suspension may result.

By signing below, I hereby acknowledge that I have read and agree to follow the Clark W. Redeker Newark Senior Center Code of Conduct:

Name: _____ Signature: _____