

March 2023



Melinda Lee began volunteering at the Clark W. Redeker Newark Senior Center in 2015. She started as a Mahjong coach and eventually became the coordinator of table assignments and weekly emails. She and Preston were a great team for many years and grew the program immensely. In 2019, she began volunteering with the Mercy Brown Bag food distribution program passing out free groceries to seniors in need. Her other volunteer duties include assisting teachers at Lincoln Elementary in various capacities and feeding the needy once a month at Holy Spirit church. Recently, Melinda has been attending our weekly BINGO game on Thursdays. Staff, Mahjong participants, and local seniors are lucky to have such a dedicated volunteer.

In this issue:

- TextMyGov
- Family Day at the Park 4/1
- Self Defense & Chair Fitness Classes
- At Home Activities, Puzzles, and more!

Open Monday - Friday

9:00am - 3:00pm

7401 Enterprise Dr.

510-578-4840

senior.center@newark.org

TextMyGov

Need to report an issue to the City of Newark such as a pothole, traffic light, street sign, or tree down?

To get started text **Hi** to **510-903-4695**

You can also sign up to receive city notifications via text message. Opt-in to either of the following programs:

- General Alerts (English): **NEWARKALERTS**
- General Alerts (Spanish): **NEWARKALERTAS**
- City Council Meeting Alerts: **NEWARKCOUNCIL**
- Events Notification Alerts: **NEWARKEVENTS**

Text one of the above keywords to **91896**

After the initial keyword is sent, you will receive a confirmation message asking you to reply **YES** to verify opt-in. You may receive up to 4 text messages a month with a notification for each alert category opted-in to.

Message and data rates may apply. Check with your carrier for more details.

Text **STOP** at any time to remove yourself from the notification list.

All members must complete the Annual Membership Form & sign the Code of Conduct.

Please see the forms on the last two pages of the newsletter. Hard copies are available at the Senior Center front desk.

SUBMIT TO THE OFFICE BY MONDAY, FEBRUARY 6, 2023



Newark Senior Center Daily Activities

Open Monday - Friday
9:00am-3:00pm
510-578-4840
senior.center@newark.org

Monday

10:00am.....
Guitar Jam
2nd & 4th Mon. of month

10:00am.....
Bunco
1st, 3rd & 5th Mon. of month

12:30pm.....
Crafting w/ Anabelle
2nd Mon. of month

1:00pm.....
Knit, Crochet & Cross Stitch Group

Daily.....
Billiards
Computers
Fitness Equipment
Lending Library
Pinochle [afternoons]
Rummy [afternoons]

Please check with staff for current masking requirements.



Tuesday

9:00am.....
Bridge

10:00am.....
Beginning Hula

11:00am.....
Intermediate Hula

12:00pm.....
Advanced Hula

Daily.....
Billiards, etc. (see Monday)



Fill out a form in-person to receive your FREE Newark Senior Center Membership Card!

Wednesday

9:00am.....
Hand & Foot Canasta

9:30am.....
Nine Ball Billiard Tournament
Last Wednesday of month

10:00am.....
Quilt, etc. Group

1:00pm.....
Ukulele Jam

Daily.....
Billiards, etc. (see Monday)

NEWARK Recreation
and Community Services
Newark Senior Center

We ♥ Our Seniors

Thursday

9:00am.....
Mercy Brown Bag Food Distribution
2nd & 4th Thurs. of month at Newark Community Center

9:30am.....
Card Making Class
1st Thurs. of month

10:30am.....
Self Defense Class
1st Thurs. of month
\$5/class

10:30am.....
Chair Fitness Class
3rd Thurs. of month
\$5/class

12:30pm.....
BINGO
Arrive at 12:00pm to purchase your pack:
1st Thurs. of Month Special Birthday BINGO...\$10/pack
All other BINGO...\$7/pack

Daily.....
Billiards, etc. (see Monday)

Friday

9:00am.....
Mahjong
Pre-registration required

9:00am.....
Texas Hold-em Poker

9:30am.....
iPhone/iPad/Kindle Assistance

12:30pm.....
Drop-in Mahjong

Daily.....
Billiards, etc. (see Monday)

All listed activities (except BINGO) are free for Seniors 55+

All activities held at the Newark Senior Center, 7401 Enterprise Dr., unless noted otherwise.

FREE

 **NEWARK**
Recreation
and Community Services

FAMILY DAY

at the Park

Saturday, April 1st
10:00 AM - 12:30 PM

Newark Community Center Park
35501 Cedar Blvd.

Rain or Shine!



Photo Booth * Arts & Crafts * Games * Egg Dyeing
Chalk Art * Community Resource Fair

EGG HUNT TIMES:

10:00 AM ... **Special Needs**

10:30 AM ... **3 yrs & under**

11:00 AM ... **4 - 6 yrs**

11:30 AM ... **7 - 8 yrs**

12:00 PM ... **9 - 11 yrs**

DON'T FORGET TO BRING A BASKET!



Teen
Volunteers
Needed!

Questions? email Recreation@newark.org

Spots for 3/2
class still
available!
Register
NOW!

 **NEWARK**
Recreation
and Community Services

SELF DEFENSE BEGINS WITH AWARENESS

1ST THURSDAY OF THE MONTH
10:30-11:30 AM

.....

Self defense techniques are important but should only be used as a last resort. In this class you will learn how to take preventative measures for your safety.

The best way to defend yourself is to avoid these conflicts in the first place.

.....

\$5 per class

Pre-registration is required. Register in-person or online at
www.newarkca.activityreg.com

Senior Chair Fitness

 **NEWARK**
Recreation
and Community Services



\$5 per class

3rd Thursday of the month
10:30-11:30 AM

Engage your whole body in this zero impact chair fitness class. Your health is important, but maintaining minimal stress on your joints while exercising is vital. The class will focus on full body movement, stretching, and the option of introducing light strength training.

Pre-registration is required. Register in-person or online at www.newarkca.activityreg.com





VITA FREE TAX SERVICES

HAVE YOUR RETURN COMPLETED BY IRS-CERTIFIED TAX PREPARERS

For eligible customers with annual income of up to \$75,000,
or eligible seniors 65+ with annual income up to \$90,000.



Book your
appointment at:
calendly.com/ffrc1
or call (510) 250-2606



Scan the QR code
for further details
on our website

IN PERSON DROP OFF SERVICE

Fremont Family Resource Center

39155 Liberty Street
Fremont, CA 94538
Building EFGH

Fridays 11:00am-2:00pm
BY APPOINTMENT

VIRTUAL SERVICE

Submit your ID's
and documents
online at:
[getyourrefund.org
/fremont](https://getyourrefund.org/fremont)

IN PERSON TAX PREPARATION SERVICE

Fremont Family Resource Center

39155 Liberty Street
Fremont, CA 94538
Building EFGH

Wed & Thurs 1:00pm-6:00pm
BY APPOINTMENT

Union City Family Center

725 Whipple Road
Union City, CA 94587

Sat 10:00am-2:00pm
BY APPOINTMENT

Newark Senior Center

7401 Enterprise Drive
Newark CA 94560

Mon 12:00pm-2:00pm
BY APPOINTMENT

<http://city.fremont.gov/taxhelp> | TELEPHONE: (510) 250-2606

Providing high-quality free tax preparation since 2002. See back for additional details.

PLEASE PROVIDE COPIES OF THE FOLLOWING:

- **Social Security card(s) or Individual Taxpayer Identification Number (ITIN) card(s) or letter(s)** for everyone you will list on your return.
 - Please note: An ITIN is expired if it hasn't been used on a tax return for the last three tax years.
- **Photo identification:** A CLEAR selfie of you holding your VALID AND LEGIBLE photo ID. This requirement applies to both the main tax filer and spouse.
- **Savings and checking account and routing numbers,** or a voided check for direct deposit.
- **Income statements, documents, or forms**
 - Wages from each job (W-2)
 - Interest (1099-INT)
 - Dividends (1099-DIV)
 - Retirement Plans (1099-R)
 - Gambling Winnings (W-2G)
 - Unemployment (1099-G)
 - Social Security Benefits (SSA-1099)
 - Miscellaneous Income (1099-MISC, 1099-NEC, 1099-K)
 - Sale of Stock (1099-B)
 - Tuition (1098-T) and online detailed student account statement of expenses paid to university/college
 - Health Insurance Information (1095-A, B, or C)
 - If you purchased health coverage through Covered CA, you must also provide Form FTB 3895
 - Economic Stimulus Letter (Notice 1444-C)
 - Child Tax Credit Payment Letter from IRS (Letter 6419)
- **Provide, if applicable:**
 - 2022 Identity Theft PIN Letter from IRS
 - Records of charitable contributions
 - Homeowner mortgage interest (1098)
 - Property tax bill
 - DMV registration form
 - Interest you paid on student loans (1098-E)
 - Childcare or dependent care expenses. Bring total amount paid, provider's business name, address, phone number and SSN or tax ID #
 - If self-employed, provide business income and expenses, to include mileage log. For Rideshare Drivers: 1099-NEC, 1099-K and on-line tax summary page
 - If you plan to itemize, provide a summary sheet (description and total amount of your expenses)

THE FOLLOWING SITUATIONS ARE OUT OF SCOPE:

- Married Filing Separately
- If you received a Form W-2 and a Form 1099 from the same business/employer
- Foreclosure/Short Sale
- Kiddie Tax - (Large scholarship amount may be out-of-scope, call to request consultation)
- IRA to Roth Conversions
- Sale of stocks acquired by stock options
- Over 16 stock transactions
- Cryptocurrency without 1099-B form
- Loan Modification
- Out of State Income
- Rental Income
- Self-employment & sole proprietor business with expenses over \$35,000, depreciation, losses, or office in the home
- 1040NR (non-resident alien), except for Foreign Student with Visa F, J, M or Q.
- Expired ITIN holders (should call 211 for VITA sites with Certified Acceptance Agents)

**Other situations may be out-of-scope
Please call us to request a consultation**

FRC VITA Sweepstakes

File with us and save at least \$50 of your refund in a savings account for a chance to win \$100! Terms and conditions may apply.

Fremont VITA offers secure online tax filing with Code for America via the secure Get Your Refund platform. We also partner with the following organizations below:



Mercy Brown Bag

**You MUST bring a valid
Photo ID to register.**



To qualify, self-identify that you are at least 60 years of age, live in Alameda County and your income falls within the guidelines:

<u>Household Size</u>	<u>Max. Income</u>
One.....	\$2,498/month
Two.....	\$3,376/month
Three.....	\$4,253/month

Register on-site during a distribution.



Senior Nutrition Program

**Distributions are held on the 2nd
and 4th Thursday each month**

**Newark Community Center
35501 Cedar Blvd.
Newark**

Starting at 9:30am

**Time may vary slightly depending on
delivery time and volunteer availability.**

2023	
Distribution Dates:	
January	12 & 26
February	9 & 23
March	9 & 23
April	6 & 20
May	11 & 25
June	8 & 22
July	13 & 27
August	10 & 24
September	14 & 28
October	12 & 26
November	9
December	7

INFORMATION & REFERRALS

Dial 211 for free information and referral to Human Services for daily needs and in times of crisis.

General

Senior Info Line

(510) 574-2041

Community Ambassador Program for Seniors

(510) 574-2063

Area Agency on Aging Information & Referral

(510) 577-3530

Alameda County Social Services Agency

www.alamedacountysocialservices.org

Dementia-Specific Support

Alzheimer's Services of the East Bay

(510) 656-1329 www.aseb.org

Alzheimer's Association

(800) 272-3900

Bay Area Community Services (510) 613-0330

www.bayareacs.org/adult-day-programs

Stanford/VA Alzheimer's Center

(650) 858-3915 www.med.stanford.edu/svalz

Employment & Learning

SparkPoint Fremont (510) 574-2020

Fremont Library Programs (510) 745-1400

Newark Library Programs (510) 795-2627

Senior Employment Program (510) 238-3535

Nutrition

Life ElderCare Meals on Wheels (510) 574-2092

Mercy Brown Bag Grocery Program

(510) 578-4840

Tri-City Volunteers Inc. Food Bank

(510) 793-4583

Health & Wellness

Medicare and Insurance Counseling (HICAP)

(510) 839-0393

Health Insurance Counseling

with Krista Caracappa, Washington Hospital

(510) 494-7005

LIFE ElderCare Meals & Fall Prevention

(510) 574-2090 www.lifeeldercare.org

Community Health Center Network

<https://chcnetwork.org/>

Housing

City of Fremont Office of Housing Assistance

(510) 494-4500

HIP Shared Housing Program

(510) 574-2173

City of Fremont Landlord/Tenant Support

(510) 574-2270

Habitat for Humanity: Home Repair

<https://www.habitatetsv.org/services/home-repair>

Project Sentinel: Rent Assistance

(510) 574-2270 <http://www.housing.org/>

Community Resources for Independent Living (CRIL)

(510) 881-5743 <https://www.crilhayward.org/>

Social Engagement

Life Eldercare Friendly Visitors

(510) 894-0370 www.lifeeldercare.org

CityServe Compassion Network

(510) 796-7378 www.compassionnetwork.org

RIDE-ON TRI-CITY!

RIDE-ON TRI-CITY! is funded by the Alameda County Transportation Commission through Measure BB sales tax revenues. For more information on Measure BB, visit: www.alamedactc.org

Services to Newark residents are provided through a partnership between the City of Newark and the City of Fremont's Human Services Department.

Eligibility Requirements for RIDE-ON TRI-CITY! transportation services:

- Newark residents who are 70 years of age or older; OR,
- Newark residents who are unable to use public transportation independently due to a disability or disabling health condition.

RIDE-ON TRI-CITY! registrants can use the following:

Ride-Hailing Service:

Subsidized rides through Lyft for participants with a smartphone or participants who do not have a smartphone can get subsidized Lyft or Uber rides through GoGo Grandparent's Call Center. Participants pay for the first \$4 of their trip and up to \$16 of additional trip costs will be subsidized.

Taxi Service:

Subsidized curb-to-curb taxi rides in the Tri-City area using a taxi voucher. Taxi vouchers cost \$4 each and subsidize up to \$16 of taxi meter fare.

Wheelchair-Accessible Van Service:

Participants requiring special door-to-door assistance can get subsidized wheelchair-accessible van rides in Tri-City area. Participants pay \$4 per one-way trip, using a pre-paid voucher.



Get Your Transportation Questions Answered

A Transportation Resources Specialist from RIDE-ON TRI-CITY! can work with you in-person or over the phone to answer any questions you have about transportation and how to get around the community. Transportation Resources Specialists work with you to assess your individual transportation needs and get you linked with the most appropriate services. They can help you complete applications for transportation services and help make arrangements for rides to medical appointments and other needs. They can help with any of the following needs:

- Learning how to ride public transit buses or BART
- Obtaining and learning how to use a Clipper card
- Finding and applying for affordable transportation alternatives if you no longer drive and cannot take public transit
- Learning how to use ride-hailing services, like Lyft.
- Renewing your driver's license, obtaining a DMV Disabled Parking placard or figuring out how to maintain driving safety as you age

A Transportation Resources Specialist is available at the Senior Center on the first Thursday of each month by appointment only to assist with your specific transportation needs. For more information or to schedule an appointment, call RIDE-ON TRI-CITY! at (510) 574-2053.



Learn How To Ride Buses and BART!

Join this two-day FREE travel training workshop and get a FREE Clipper card with \$15 in cash value. Through classroom instruction and an outing on bus and BART, participants learn how to plan trips, pay fares using Clipper Cards, transfer between bus and BART, and other useful tips for using transit safely.

Visit the website below for upcoming training opportunities in the Tri-City area.



For more information on Ride-On Tri-City! visit <https://city.fremont.gov/rideontricity>

Or call the Ride-On Tri-City! Helpline at 510-574-2053

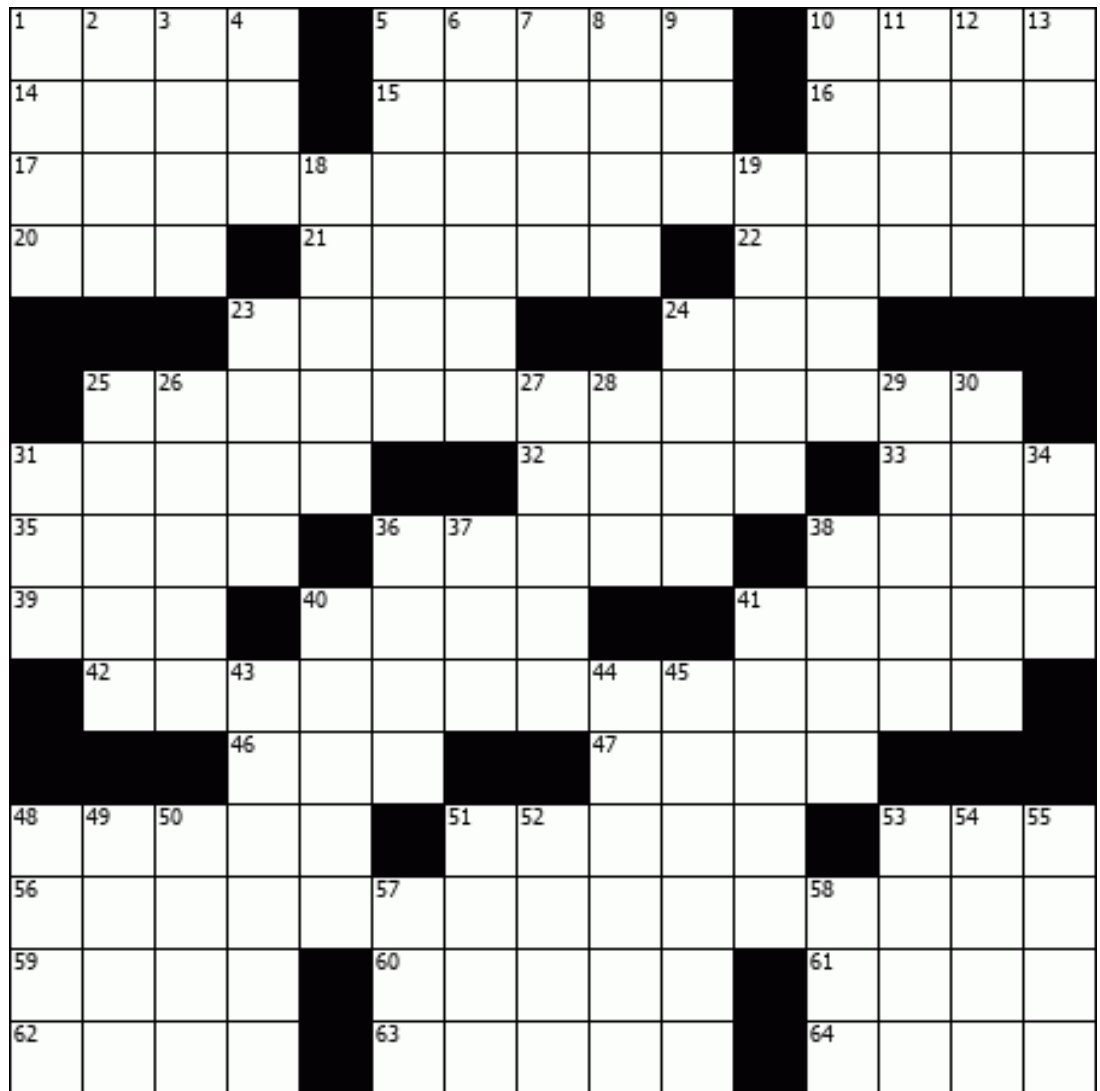
Or email us at rideontricity@fremont.gov

Crossword Puzzle

Answers on page 14.

Across

1. Brought to life
5. Black lacquer
10. Approach shot, perhaps
14. Soothing additive
15. Quickly
16. Showed respect, in a way
17. Ripken or his son
20. Mark of the serpent
21. "The City Without Clocks"
22. Word from the hostess
23. 100 mg, say
24. Archaeological trip
25. One way to get a message across
31. Life of ____
32. It may have valves
33. Ben, in a film
35. Scratch
36. Whacked, Bible-style
38. 53, to Ovid
39. Mystique
40. Covered
41. "Still Me" author
42. Quarter back?
46. Tommy follower?
47. Mixture
48. Descendant
51. Obsolescent PC environment
53. Restorative retreat
56. Grace Stafford was his mouthpiece
59. Initial wager
60. Period of indulgence
61. Yearn
62. They may be sweet
63. Unwanted growths
64. "____ Karenina"



Down

1. Sheep-herding pig of film
2. Kingly name
3. Persona
4. Fishpound, for one
5. Successor to Elizabeth I
6. Culmination
7. Normal lead-in
8. Top parts of suits
9. Paleo opposite
10. Wince
11. Something funny
12. ____ of Wight
13. Equal
18. Tower type
19. 5-Down had one
23. Picked a card
24. Like some circumstances
25. Eyelashes
26. Clock function
27. "The Mary Tyler Moore Show" spin-off
28. Kind of roast or cheese
29. Bay window
30. Gullible
31. TV maker
34. Link
36. Long narrow opening
37. iBook, for example
38. Child's building block
40. Sidekick
41. Paycheck enhancer
43. Wears away
44. Signaled approval
45. Bonds after splitting?
48. Type of meet
49. Chocolate or vanilla holder
50. Scintilla
51. Display dejection
52. Painful
53. Bones partner
54. "Mystic River" star
55. This equals L x W
57. St. Louis-to-Springfield dir.
58. 4/15 specialist

Exercise

15 MIN. WALKING WORKOUT

<https://youtu.be/WS0j7pwsuTo>

10 MIN. DUMBBELL WORKOUT

<https://youtu.be/9sxcmWYCNJk>

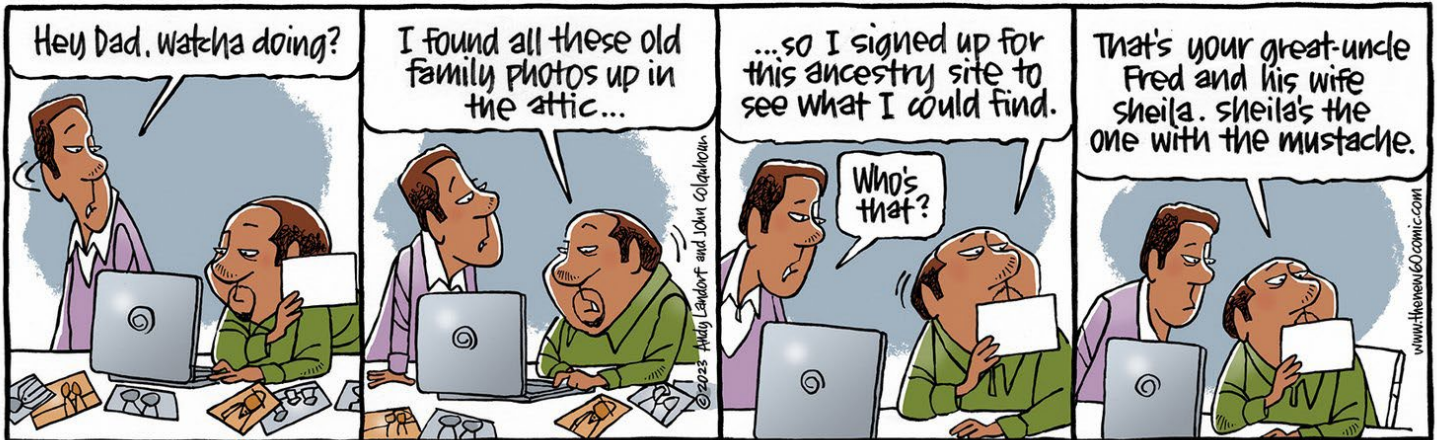
LATIN DANCE WORKOUT

<https://youtu.be/rvu7iNlrNa8>



<https://youtu.be/ChYSp2FSV-U>

The New 60



Sudoku Puzzle #71

2		3	8	5				6
	4		7					2
7			9					4
	6				8			
		8		7			5	3
3					1			8
9			6			5		
4				2	9			7
		7		4		2		

Sudoku Puzzle #72

2		5		1		7			8
				8					
6	7					3			
		5	2			7		8	
		8					1	4	5
9								2	
				7	6			5	
1	3					9	6	4	
			4						7

Solutions on page 14.

Musical Instruments 2 Word Search

Find and circle all of the musical instruments that are hidden in the grid.
The remaining letters spell a secret message - a G. K. Chesterton quotation.

D M A N I R A C O U C O N C H H O R N
 U S C S I E C J F L U G E L H O R N W
 L A I I T L H R E D R O C E R G T D S
 C B N N I T X O N W N E R E M O I R U
 I M O O I S Y N C S S A L A A N N N B
 M I M O I I L A N O F H N G R G W S M
 E R R S U H O I L O N D A O U T H B U
 R A A S O W P P H S O C H R T B I T C
 M M H A H E H S N L A G E A P D S S M
 R U T B O D O T I O N X M R R H T E O
 T E I C O I N N C I E B O A T E L R C
 S E B N O L E A T Y O D O P N I E K E
 B A P E O S A N L U M B O A H F N L N
 A O R M C M U B R O Y B T L E O U A O
 N D N O U H R I U E I S A N E T N T H
 E V I G D R N A K T A V O L E M L E I
 E F I F O E T N H C B O U Z O U K I I
 S K C I T S M U R T S T A R U B M A T

BASSOON
 BONGOS
 BOUZOUKI
 BUGLE
 CASTANETS
 CONCERTINA
 CONCH HORN
 CUMBUS
 CYMBAL
 DULCIMER

FIFE
 FLUGELHORN
 GONG
 HARMONICA
 HARMONIUM
 HUNTING HORN
 JEWS' HARP
 KEYBOARD
 LUTE
 MANDOLIN

MARIMBAS
 MELODEON
 MOCENO
 NEFER
 OCARINA
 PIANO
 REBEC
 RECORDER
 SAROD
 SAXOPHONE

SHOFAR
 SLIDE WHISTLE
 STRUMSTICK
 TAMBOURINE
 TAMBURA
 TIN WHISTLE
 TRUMPET
 TUBA
 VIOLA
 XYLOPHONE

B	O	R	N		J	A	P	A	N		C	H	I	P
A	L	O	E		A	P	A	C	E		R	O	S	E
B	A	L	T	I	M	O	R	E	O	R	I	O	L	E
E	V	E		V	E	G	A	S		E	N	T	E	R
			D	O	S	E			D	I	G			
	C	A	R	R	I	E	R	P	I	G	E	O	N	
R	I	L	E	Y			H	O	R	N		R	A	T
C	L	A	W		S	M	O	T	E		L	I	I	I
A	I	R		C	L	A	D			R	E	E	V	E
	A	M	E	R	I	C	A	N	E	A	G	L	E	
			R	O	T			O	L	I	O			
S	C	I	O	N		M	S	D	O	S		S	P	A
W	O	O	D	Y	W	O	O	D	P	E	C	K	E	R
A	N	T	E		S	P	R	E	E		P	I	N	E
P	E	A	S		W	E	E	D	S		A	N	N	A

Sudoku Solution #71

2	9	3	8	5	4	7	1	6
6	4	5	7	1	3	8	9	2
7	8	1	9	6	2	3	4	5
5	6	9	2	3	8	4	7	1
1	2	8	4	7	6	9	5	3
3	7	4	5	9	1	6	2	8
9	1	2	6	8	7	5	3	4
4	5	6	3	2	9	1	8	7
8	3	7	1	4	5	2	6	9

Sudoku Solution #72

2	9	5	1	4	7	3	6	8
3	4	1	8	2	6	7	5	9
6	7	8	9	3	5	1	2	4
4	5	2	6	7	3	8	9	1
7	8	6	2	9	1	4	3	5
9	1	3	4	5	8	2	7	6
8	2	9	7	6	4	5	1	3
1	3	7	5	8	9	6	4	2
5	6	4	3	1	2	9	8	7

Name (please print): _____ Date of Birth: ____/____/____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Address: _____ City: _____ Zip: _____

Emergency Contact

Name: _____ Phone: _____ Relation: _____

What daily activities do you participate in? Check all that apply:

- | | | |
|--|--|--|
| <input type="checkbox"/> Billiards Daily | <input type="checkbox"/> Crafting 2 nd Mon of month | <input type="checkbox"/> Mahjong Fri morning |
| <input type="checkbox"/> BINGO Thu | <input type="checkbox"/> Guitar Jam 2 nd /4 th Mon | <input type="checkbox"/> Drop-In Mahjong Fri afternoon |
| <input type="checkbox"/> Bridge Tue | <input type="checkbox"/> HULA Beginning Tue | <input type="checkbox"/> Poker - Texas Hold-em Fri |
| <input type="checkbox"/> BUNCO 1 st /3 rd /5 th Mon | <input type="checkbox"/> HULA Intermediate Tue | <input type="checkbox"/> Quilt, etc. Group Wed |
| <input type="checkbox"/> Canasta wed | <input type="checkbox"/> Hula Advanced Tue | <input type="checkbox"/> Rummy Most afternoons |
| <input type="checkbox"/> Card Making 1 st Thu of month | <input type="checkbox"/> Knit/Crochet/Cross Stitch Mon | <input type="checkbox"/> Ukulele Jam wed |

Release of Liability: I understand that my (or my minor child's/ward's) participation in any City activity is voluntary. Further, I understand that participation can be a hazardous activity. I agree that neither I, my successors, assigns, nor anyone acting on my behalf will hold the City of Newark, its officers, agents, employees, or volunteers liable for any injury, accident, or illness arising out of my (my minor child's/ward's) voluntary participation.

The novel coronavirus ("COVID-19") has been declared a worldwide pandemic by the World Health Organization. The City of Newark has declared a local emergency and the State of California has declared a state of emergency due to the COVID-19 pandemic.

COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact and in airborne particles. I fully understand that my [participation/attendance] [in the event/at the City of Newark facility] exposes me to the risk of being exposed to or infected by COVID-19. I hereby acknowledge the contagious nature of COVID-19, that exposure or infection to COVID-19 may result in personal injury, illness, permanent disability, or death, and that I am voluntarily [participating in this activity/attending this facility] and agree to assume such risks.

I hereby release the City of Newark, its officers, agents, employees, or volunteers from and against any and all claims, cost liabilities, expenses, or judgments, including attorney's fees and court costs arising from my (my minor child's/ward's) participation in the program/activity or any illness/injury resulting there from, and hereby agree to any and all such claims, whether caused by negligence or otherwise.

I further understand that the City of Newark is not responsible for Workers Compensation benefits as a result of any injury or illness due to my (my minor child's/ward's) voluntary participation in this activity.

The City of Newark reserves the right to photograph and film facilities, activities, and program participants for potential use in our marketing efforts, which may include, but is not limited to, brochures, flyers, social media and the City's website. All marketing materials will remain the property of the City of Newark.

Signature: _____ Date: _____

Please see reverse side for the Clark W. Redeker Newark Senior Center Code of Conduct.

Clark W. Redeker Newark Senior Center Code of Conduct

In order to maintain a positive, peaceful and welcoming environment at the Clark W. Redeker Newark Senior Center, we require all guests and visitors to observe the following:

- **Demonstrate common courtesy to fellow guests, community members, and staff.**
- **Maintain an environment where conflict and differences can be addressed in a respectful manner.**
- **Treat facility property and equipment with respect.**
- **Abide by posted rules and follow staff direction at all times.**

THE FOLLOWING IS PROHIBITED:

- Acts of discrimination based on any of the following protected characteristics: race, color, religion (includes religious dress and grooming practices), sex, gender (includes pregnancy, childbirth, breastfeeding, and/or related medical conditions), gender identity, gender expression, sexual orientation, marital status, medical condition (genetic characteristics, cancer, a record or history of cancer), military or veteran status, national origin (includes language use and possession of a driver's license issued to persons unable to provide their presence in the United States is authorized under federal law), ancestry, disability (mental and physical, including HIV/AIDS, cancer, and genetic characteristics), genetic information, age (over 40).
- Verbal, physical, or visual harassment based on any of the above mentioned protected characteristics.
- Any inappropriate or unsafe behavior that creates a disturbance or interferes with guests, community member's or staff's ability to do their job.
- Any conduct that endangers life, safety, health, and wellbeing of others.
- Possession of firearms, weapons, dangerous materials, and hazardous materials.
- Smoking (including the use of electronic smoking devices) inside the building.
- Sexual misconduct such as indecent exposure, touching, or harassing guests, community members, and staff; sexual acts of any type.
- Promotion of or engaging in any illegal activities.
- Disruptive outbursts such as the use of loud, abusive, profane or threatening language. Threatening or harassing behavior toward or around others. Making threatening gestures, which include staring at an individual, unwanted touching, or any behavior that could constitute assault.
- Unauthorized borrowing and/or tampering with another person's property/belongings.
- Damaging City of Newark property.
- Animals are not allowed in the Senior Center, **with the exception of service animals**, as defined by the Americans with Disabilities Act. The owner must be in physical proximity and have full control of service animals at all times.
- Persons exhibiting illness, poor personal hygiene, and/or related conditions that may compromise the health or comfort of others may be asked to leave the Senior Center until the condition is remedied.
- Loitering, laundering, or preparing food in public restrooms. Shaving, showering, or bathing in restrooms is also prohibited.
- Improper attire. Shoes, shirts, and bottoms must be worn at all times.

CONSEQUENCES:

Consequences are subject to staff discretion.

- **Verbal warning.** Notification of violation and reference to the Rules of Conduct.
- **Immediate eviction from the Senior Center.** Removal from the building for the remaining hours of operation for the day of eviction.
- **Suspension of Senior Center privileges.** Suspension of Senior Center privileges may include, but is not limited to denial of access to the Senior Center and its services for one or more days. The effective date and length of suspension shall be determined by the facility supervisor.
- **Permanent suspension.** In extreme cases or repeated suspensions with no positive change in behavior, a suspension may result.

By signing below, I hereby acknowledge that I have read and agree to follow the Clark W. Redeker Newark Senior Center Code of Conduct:

Name: _____ Signature: _____