



# **CITY OF NEWARK**

## **Senior Advisory Committee**

Clark W. Redeker Newark Senior Center | Meeting Room

7401 Enterprise Drive, Newark, CA 94560 | (510) 578-4840 | E-mail: [senior.center@newark.org](mailto:senior.center@newark.org)

### **AGENDA**

Thursday, October 19, 2023  
9:30 A.M.

**A. PLEDGE OF ALLEGIANCE/ROLL CALL**

**B. WELCOME/INTRODUCTIONS**

**C. GUEST SPEAKER**

**C.1 Gitanjali Rawat, Director of Programs with Eden I&R, Inc. "Alameda County 211"**

**D. PUBLIC COMMENT**

**E. MINUTES APPROVAL**

**E.1 03/05/2020 Meeting Minutes**

**E.2 7/20/2023 Meeting Minutes – NO Quorum, no minutes to approve.**

**F. HUMAN SERVICES/ SENIOR CENTER STAFF REPORT**

**F.1 Membership/Current Programs/Upcoming Programs/Trips/Special Events**

**F.2 Paratransit, Case Management, Human Services Updates**

**G. OLD BUSINESS**

**G.1 No old business**

**H. NEW BUSINESS**

**H.1 Committee Member Handbook**

**H.2 Future Guest Speaker Topics**

**H.3 Joint Tri-Cities Senior Commission Meeting (Friday, February 23, 2024, 9:30 a.m.)**

**H.4 Senior Citizen Advisory Committee Group Picture Date Selection**

**I. COMMITTEE REMARKS**

**J. ADJOURNMENT**

The agenda packet is available for review at <https://www.newark.org/departments/city-manager-s-office/agendas-minutes> or at the Clark W. Redeker Newark Senior Center during Center open hours. The packet is typically posted to the City website the Friday before the meeting, but no later than 72 hours before the meeting.

Pursuant to Government Code 54957.5, supplemental materials distributed less than 72 hours before this meeting, to a majority of the Senior Advisory Committee, will be made available for public inspection at this meeting and will be posted, if time allows, at <https://www.newark.org/departments/city-manager-s-office/agendas-minutes>. Materials prepared by City staff and distributed during the meeting are available for public inspection at the meeting or after the meeting if prepared by some other person. Documents related to closed session items or are exempt from disclosure will not be made available for public inspection.

For those persons requiring hearing assistance, or other special accommodations, please contact Nick Cuevas, Recreation and Community Services Manager, at least two days prior to the meeting at 510-578-4405 or [nicholas.cuevas@newark.org](mailto:nicholas.cuevas@newark.org)



# CITY OF NEWARK

## SENIOR CITIZEN ADVISORY COMMITTEE

7401 Enterprise Drive, Newark, CA 94560-3796 510-578-4840 E-mail: senior.center@newark.org

Clark W. Redeker Newark Senior Center  
7401 Filbert Street, Newark, CA  
9:15 a.m.

### Minutes

Thursday, March 5, 2020

#### A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called the meeting to order at 9:16 a.m. Present were Senior Advisory Committee Members: Sandi Arellano, Elwood Ballard, Kathleen Lemos and Stanley Keiser.

Committee Members Rick Arellano, Eileen McDonald and Glen Wickizer were noted absent.

Staff present: David Zehnder, Nick Cuevas and Cheryl Galvez

#### B. MINUTES APPROVAL

Minutes of the Thursday, February 6 Senior Advisory Committee Meeting were moved for approval by Committee Member Kathleen Lemos and seconded by Committee Member Sandi Arellano with all in favor.

#### C. WELCOME/INTRODUCTIONS

None.

#### D. GUEST SPEAKER

##### D.1 Ysela Jimenez, Community Outreach Emergency Medical Services Alameda County

Ysela Jimenez provided an informative Fall Prevention Training.

##### D.2 Linette Young, City of Fremont Senior Commissioner Age-Friendly Spring Fling Garden Party Information

Linette Young explained the former Seniors Night Out Fundraiser was being changed to a "Age Friendly Spring Fling!" honoring Age-Friendly Difference Makers in the Tri-Cities. Organizers requested the Newark Senior Advisory Committee Nominate an awardee to be presented with a Difference Maker Award.

Recreation Supervisor Nick Cuevas presented staff's recommendation of Clark W. Redeker Newark Senior Center and Meals on Wheels Volunteer, Eleanor Ortiz.

After a brief discussion, all in attendance unanimously agreed to nominate Eleanor Ortiz for the award.

The Age Friendly Spring Fling will be held Friday, May 29 from 11:30am-2:00pm at Shinn Historical Park and Arboretum in Fremont. Please RSVP to Recreation Coordinator Cheryl Galvez if you would like to attend. Tickets are \$55 per person. Limited scholarships are available at \$25 per person.

**E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT**

Recreation and Community Services Director David Zehnder distributed and reviewed statistics. In addition, Director Zehnder announced there were radical changes coming to the Ride-On TriCity! Program with discussion of partnering with Go Go Grandparent. An update will follow at a later meeting.

**F. OLD BUSINESS**

none

**G. NEW BUSINESS**

**G.1 Upcoming Programs/Trips/Special Events**

Recreation Coordinator Cheryl Galvez announced a new Finding Wellness series of classes will be offered in April focusing on lifestyle strategies for fighting chronic diseases. Recreation Supervisor Cuevas announced Tai Chi classes will begin in the Spring.

**G.2 Upcoming Meeting Schedule:  
Thursday, April 2, 2020 9:15 a.m.**

**H. COMMITTEE INPUT/REMARKS**

Recreation and Community Services Director Zehnder announced the NewBark Dog Park opening is scheduled for Saturday, March 21 from 10:00 a.m. - 12:00 p.m.

Recreation Supervisor Cuevas announced he will be serving a 2-year Board Term with the California Parks and Recreation Society Aging Section and looks forward to sharing information received at meetings with the committee.

Recreation and Community Services Director Zehnder announced the City of Newark was awarded a SNAP the GAP Stem Program Grant for Girls ages 10-12.

**I. PUBLIC INPUT**

None

**J. ADJOURNMENT**

Meeting adjourned at 10:50 a.m.

Respectfully submitted,

**Cheryl Galvez  
Recreation Coordinator**