

COMMUNITY DROP-IN SERVICES

Updated 9/1/23



MEALS | SHOWERS | HOUSING | SAFE PARKING

**Need Info or Help?
Call 510-574-2222**



MONDAY

7:00am—9:00am

Breakfast To-Go
Irvington Presbyterian
4181 Irvington Ave

9:00am—1:00pm

Drop-In Housing Resource Ctr.
4075 Papazian Way

1:00pm—4:00pm

Showers and Laundry
Niles Discovery
36600 Niles Blvd

TUESDAY

9:00am—12:00pm

Showers and Laundry
Newark Salvation Army
36700 Newark Blvd, Newark

9:00am—1:00pm

Drop-In Housing Resource Ctr.
4075 Papazian Way

3:00pm—6:00pm

Dinner To-Go
Showers and Laundry
Centerville Presbyterian
4360 Central Ave

WEDNESDAY

7:00am—11:00am

Breakfast To-Go (7am—9am)
Showers and Laundry
Irvington Presbyterian
4181 Irvington Ave

1:00pm—4:00pm

Showers and Laundry
Niles Discovery
36600 Niles Blvd

ADDITIONAL SERVICES

BACS Wellness Center
40965 Grimmer Blvd.
510-657-7425 to reserve shower,
Lunch To-Go Monday—Friday
8:00am—4:30pm

Safe Parking for people
living in their vehicles
510-574-2222 or
safeparking@fremont.gov
Registration required.

THURSDAY

**10:00am—12:00pm
and 1:00pm—3:00pm**

Drop-In Housing Resource Ctr.
39155 Liberty Street
(Millenium Room)

12:00pm—2:00pm

Showers and Laundry
Fremont Main Library
2400 Stevenson Blvd

3:00pm—6:00pm

Dinner To-Go
Showers and Laundry
Centerville Presbyterian
4360 Central Ave

FRIDAY

7:00am—9:00am

Breakfast To-Go ONLY
(No Showers and Laundry)
Irvington Presbyterian
4181 Irvington Ave

10:30am—1:30pm

Showers and Laundry
The Age Well Center
at Lake Elizabeth
40086 Paseo Padre Pkwy

4:00pm—7:00pm

Dinner To-Go
Showers and Laundry
Our Lady of the Rosary
703 C Street, Union City

SATURDAY

10:00am—11:00am

Hot Meal and Pantry
Holy Spirit
37588 Fremont Blvd

SUNDAY

8:00am—9:00am

Sunday Breakfast
Tzu Chi Foundation
Fremont Family Resource
Center Parking Lot,
39155 Liberty Street

WEEKDAYS MONDAY-FRIDAY



8:30am—3:30pm
Showers only (for those 55+)
The Age Well Center
at Lake Elizabeth
40086 Paseo Padre Pkwy
and
The Age Well Center
at South Fremont
47111 Mission Falls Court

General Assistance

- **211 Eden Information and Resource:** Call 211 to be connected to local housing resource centers and other social services
- **Bay Area Community Services (BACS) Wellness Center:** 40965 Grimmer Blvd Fremont; 510-657-7425 (Dignity Services, employment and housing support)
- **City of Fremont Human Services Department:** 3300 Capitol Ave, Building B 510-574-2050
 - **Aging and Family Services:** 510-574-2041
 - **Ride-On Tri-City:** Mobility Resources for seniors and people with disabilities. 510-574-2053
 - **Fremont Family Resource Center (FRC):** 39155 Liberty St., 510-574-2000: "One Stop" Welcoming Center
 - **Youth and Family Services (FRC):** 510-574-2100
- **Compassion Network (FRC):** Ste. H840 510-796-7378 (Connecting volunteers with people in need)
- **Alameda County Social Services (FRC):** Ste. C330 510-795-2428 (GA, CalFresh, CalWORKs) mybenefitscalwin.org
- **EDD/America's Job Center (FRC):** Ste. B200 510-794-3669
- **Women, Infants and Children (FRC):** Ste D430 510-795-2457, appt. only
- **Tri-City Community Support Center (FRC):** Ste. G710 510-795-2434
- **Social Security Administration:** 3100 Mowry Ave., Fremont 800-772-1213

Shelter Services

- **Fremont Safe Parking Program:** 510-574-2222
- **CAREavan Program:** Union City 510-675-5482
- **Safe Parking Program:** Alameda County 510-593-4660
- **Fremont Winter Relief Program:** (Operates Dec—April) 510-574-2222 for updates
- **San Jose Homefirst Helpline:** 408-510-7600
- **South County Housing Resource Centers:** (see over for schedule)
 - **Abode Services:** Unsheltered Adults: 510-330-5822
 - **City of Fremont Unsheltered Families:** 510-574-2000

Showers/Laundry Services

- **City of Fremont Clean Start** (see over for schedule)
- **Age Well Centers (Showers only):** Mon—Fri 8:30am—3:30pm
- **Lake Elizabeth:** 40086 Paseo Padre Pkwy, 510-790-6600 (adults 55+)
- **South Fremont:** 47111 Mission Falls Ct, 510-742-7540 (adults 55+)

Food Distribution/Meals

- **Centro de Servicios:** 525 H St., Union City, 510-489-4100
- **League of Volunteers (LOV):** 8440 Central Ave Ste A&B, Newark 510-793-5683
- **Tri-City Volunteers (TCV):** Mon—Thurs 10:00am—2:00pm, Registered Disabled: Fri 10:00am—11:30am
 - 1st and 3rd Weds at FRC: 10:30—11:30am
- **Newark Salvation Army:** 36700 Newark Blvd, 3rd Fri of every month from 1:00pm—3:00pm

Prevention Services

- **SparkPoint (FRC):** (Financial Coaching & Education, Tax Prep Assistance, etc.) 510-574-2020
- **HomeMatch/Covia:** 510-574-2173, www.covia.org/services/home-match
- **Fremont Fair Housing and Landlord/Tenant Services:** 510-574-2270
- **Legal Assistance for Seniors:** Mon—Fri 8:00am—5:00pm 510-832-3040
- **Bay Area Legal Aid:** Legal Advice Line 800-551-5554
- **Low Income Home Energy Assistance Program:** 510-881-0300
- **PG&E Payment Assistance:** 800-743-5000
- **Spectrum Utility Assistance:** 510-881-0300

Veteran Services

- **VA Customer Service line:** 800-827-1000
- **Homeless Veteran hotline:** 877-424-3838
- **Operation Dignity:** 800-686-9036 or 510-287-8465
- **Fremont VA Clinic:** 39199 Liberty St. 510-791-4000 Mon—Fri 8:00am—4:30pm

Health and Mental Services

- **Bay Area Community Health (BACH):** 39500 Liberty St., Fremont 510-770-8040 (Mon—Thurs 8:00am—7:00pm, Fri—Sat 8:00am—5:00pm)
- **Tiburcio Vasquez Health Clinic:** 33255 9th St., Union City 510-471-5907 (Mon—Fri 8:00am—5:00pm)
- **Community Health Education- (Tiburcio Vasquez):** 3845 Beacon Ave Suite #A, Fremont 510-471-5913 (Mon—Thurs 8:00am—5:00pm)
- **Newark Health Center:** 6066 Civic Terrance Ave, Newark 510-505-1600 (Mon—Fri 8:15am—5:00pm)

- **Alameda County ACCESS:** 800-491-9099 510-869-7200 (Mandarin/Cantonese/Vietnamese)
- **Union City Outpatient Services:** 510-474-7414

Rehabilitation And Recovery

- **Substance Use Treatment Referral Helpline:** 844-682-7215
- **National Helpline:** 800-662-HELP (4357)
- **Second Chance:** 6330 Thornton Ave., Newark 510-792-4357 (Residential Substance Use Treatment Program)
- **Solidarity Fellowship Inc. Alameda House:** 510-796-7120 (Residential Substance Use Treatment Program)
- **Cherry Hill Detox:** 2035 Fairmont Dr., San Leandro acdeto@hsimail.org 24/7 support: 866-866-7496

Domestic Violence/Abuse Survivor

- **SAVE:** Hotline 510-794-6055.
- **NARIKA:** Hotline 800-215-7308
- **National Domestic Violence Hotline:** 800-799-7233
- **MRT-Mobile Response Team** 510-757-5123
- **Building Futures DV Services:** 510-357-0205 ext. 207. Spanish 510-357-0205 ext. 224
- **Ruby's Place:** 24-hour hotline 888-339-7233

Crisis and Emotional Support

- **National Crisis Hotline:** 9-8-8
- **Crisis Support Services Alameda County:** 800-309-2131
- **Text Line:** text "SAFE" to 20121
- **CalHOPE Peer-Run Warm Line:** 833-317-4673
- **Trevor Lifeline (LGBTQ+ support):** 866-488-7386